

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Ministers' Message

During the Easter season we focused on the meaning and relevance of the life and teachings of Jesus in today's world. For me, Jesus emerges from the Gospels as an itinerant prophet of the end times. He clearly taught that the kingdom of heaven was about to be established on earth and it had three key features.

First, it would require supernatural assistance to come into existence; the God of Israel would step in to set things in motion. Second, it would happen during the lifetime of his audience. Over 2000 years later, nothing has happened so he was clearly wrong about those two things.

However, there was a third feature that he correctly identified. This kingdom would be composed of people who embraced and practiced certain values such as those he identified in the beatitudes in Matthew 5. In another lengthy discourse from Matthew 25, Jesus talks about those who would be welcomed into this new community. It would be inhabited by people who cared for the sick, poor and hungry; who welcomed strangers and visited those who were imprisoned. He ends with the familiar verse; *"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."*

There are many more examples including his ideas about wealth and possessions (the less the better) and power and status (the first shall be last and the last shall be first). Collectively, these ideas can serve as a blueprint for how humankind might go about creating a society that would be worthy of being called heaven on earth—not a utopia but a place where people work together to minimize human suffering. Our vision statement at Unity of Auburn refers to this place as "a world that works



Revs. Mark & Karen Schindler
Co-Ministers

for all." Martin Luther King Jr. called it "the beloved community." Part of our mission here is to advance a positive message that will help people thrive in our changing world. Events in the world might convince us that we may have forever missed the mark but the truth is that we are doing better than we realize.

The message we want to focus on starting in May is that humankind appears to have innate, evolutionary qualities that have enabled us to gradually establish a more compassionate, peaceful, cooperative and humane world.

We will be working with some of the ideas found in a book published in March 2019 called *Blueprint: The Evolutionary Origins of a Good Society* by Nicholas A. Christakis MD, PhD. Dr. Christakis shows that, despite a human history replete with violence, we cannot escape our social blueprint for goodness and that over time, we are creating a positive feedback loop which reinforces that tendency.

His vision is optimistic, practical and built on a solid foundation of philosophy, history, anthropology, sociology, genetics, and evolutionary biology. Unity's second basic principle states that humankind possesses an innate quality that we call divinity—which makes us inherently good. This is the first book that I have encountered which makes that same case from a secular, academic perspective. In a culture that seems to be increasingly divided into warring tribes, these ideas can help us navigate a way out leading to something better.

Phone: 530-888-6489

Website: www.unityofauburn.com

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Special points of interest:

- **Picture Directory**
- **Creative Insight Circle**
- **Frontiers of Consciousness**
- **Variety Show**

Chaplain's Corner

Our Prayers as Life

In *How to Pray Without Talking to God*, Unity Reverend Linda Marbella-Whitsett states "Affirmative prayer does the following:

*cultivates our awareness of Oneness, the One Power and Presence, and Divine mind ...

*identifies Divine Nature as our True Nature; we claim our Divine Identity; and ...

*reveals the highest truth we can comprehend in this moment; we realize the truth."

Prayer can practiced in myriad ways.

I would like to pay homage to the dearly beloved Pulitzer-Prize winning poet laureate Mary Oliver who made her transition January 17, 2019 at age 83. Mary Jane Oliver was an American poet, known for her clear, poignant observations and evocative imagery of the natural world. Her poetry focused on the quiet occurrences of nature: industrious hummingbirds, blazing sunflowers, motionless ponds. In 2007, the New York Times described her as "far and away this country's best-selling poet."

NPR recently posthumously rebroadcast an interview with Mary Oliver. Perhaps you will see why, pondering prayer, I was awestruck with her following poem of perfection:

I Happen to be Standing

*I don't know where prayers go,
or what they do.*

*Do cats pray, while they sleep
half-asleep in the sun?*

*Does the opossum pray as it
crosses the street?*

*The sunflowers? The old black oak
growing older every year?*

*I know I can walk through the world,
along the shore or under the trees,*

*with my mind filled with things
of little importance, in full*

*self-attendance. A condition I can't really
call being alive*

*Is a prayer a gift, or a petition,
or does it matter?*

*The sunflowers blaze, maybe that's their way.
Maybe the cats are sound asleep. Maybe not.*

*While I was thinking this I happened to be standing
just outside my door, with my notebook open,
which is the way I begin every morning.*

Then a wren in the privet began to sing.

*He was positively drenched in enthusiasm,
I don't know why. And yet, why not.*

*I wouldn't persuade you from whatever you believe
or whatever you don't. That's your business.*

*But I thought, of the wren's singing, what could this
be*

if it isn't a prayer?

So I just listened, my pen in the air.

- M. Oliver



Rebecca
Kligerman-
Savercool

Youth and Family Ministry

Unitots

Sundays, 10:00 a.m.

UniKids and UniTeens

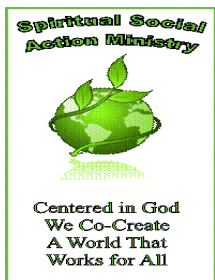
Sundays, 10:00 a.m.

Location: Youth and
Family Ministry Wing



*There are two things we give our children. One is
roots, the other is wings."*

- Jonah Salk



Social Action

The Spiritual Social Action Team at Unity of Auburn is an umbrella organization encompassing all of our outreach events and activities that work together to make a positive difference in the world and support our vision which is to co-create a world that works for all. We ask members to support the Interfaith Food Closet. They will take extras from your garden. Drop them off at 12972 Earhart Avenue, Suite 301 (behind Pacific Power) Auburn, CA 95602 or call 530-885-1921.

Ongoing Classes and Study Groups

Noon Prayer

Monday through Thursdays, 12:00 Noon—12:30 p.m.

Location: Upstairs in Church Office

During Noon prayer we experience various types of meditation: guided, mindful, or in the silence. We also hold the high watch for those who have placed their names and needs in our prayer chest and anyone you may be praying with. If you can't attend, pray with us wherever you are!

Gentle Yoga

Mondays, 4:00 p.m.

Location: Manning Hall

“Yoga is good for everything!” Join us with your sticky mat or, if you don't have one, we have a couple of extras.

A Course in Miracles

Wednesdays, 6:30 p.m.

Location: Youth and Family Ministry room

The course does not aim at teaching the meaning of love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of love's presence, which is your natural inheritance. The opposite of love is fear, but what is all-encompassing can have no opposite.

Open to all. A love offering will be accepted. Facilitated by Ruth Ackerman.

12 Step Meetings at Unity of Auburn

Gold Rush Al-Anon Family Group

Mondays, 7:30 p.m.

Location: Manning Hall

Al-Ateen same time and place.

Women's Courage to Change Al-Anon Family Group

(Women only)

Tuesdays, 7:00 p.m.

Location: Manning Hall

Re-parenting, Recovery & Resilience—Adult Children of Alcoholics & Dysfunctional Families (ACA)

Tuesdays, 6:30 p.m.

Location: Youth Room

Primary Purpose Narcotics Anonymous

Wednesday, 7:30 p.m.

Location: Manning Hall

Chaplain Prayer Circle

Sunday, May 19th, 11:30 a.m.



Our prayer circle is the third Sunday of the month. The chaplains will guide us in a 5-10 minute prayer practice focusing on using our Divine strengths to transform our desires and intentions into physical manifestation. We will stand witness for one another as we commit to take positive action.

Adult Education



Rev. Rick Reich



“Spiritwind” is a study group for Spiritual Adventurers.

Our topic at Spiritwind for the month of May is "Mysteries of the Book of Revelation." This will be a study of the Apocalypse or book of Revelation. Those who attend will come to understand many of the mysteries of this misunderstood book. On the fifth Thursday of this month we will be looking at some of the prophecies of Black Elk.

Spiritwind meets every Thursday at 6:00 p.m. at Unity of Auburn on 1212 High Street. *Love offering accepted.*

PICTURE DIRECTORY

The deadline for getting your picture to us has been extended to Friday, May 17th.



We are delaying printing the directory so that we can add pictures. If you would like to have your picture in the directory and have a digital photo (jpeg), email it to admin@unityofauburn.com. If you **do not** have a digital picture and would like to have your picture in the directory, sign up at Unity Central and someone will call to schedule a time to take your picture. If you have questions, please call the office and talk to Terri or Rev. Karen.

The Directory is scheduled to be out by June 1st.

Women’s “Creative Insight” Circle

May 18th, 9:00 a.m. - 4:00 p.m.

Cost: \$25.00

Connect with other women for a day of sharing. Take some time for yourself to creatively play and explore in a safe, loving, fun and reflective environment. Let the creative woman who lives inside bring you insight and greater inner-awareness.

Bloom Where I Am Planted ...

Let My Life Be a Bouquet



Eat lunch at a local eatery, bring an addition to our community salad, or bring your lunch. RSVP to: Deborah at 916-652-7709.

Location: imagePathways Gathering Place
461 Main Street, Newcastle, CA 95658

Special Events

FRONTIERS OF CONSCIOUSNESS

Monday, May 27, 6:00

p.m.

The Brain (PBS Series)

Facilitator: Rev. Mark



The field of consciousness studies has expanded rapidly in the last 20 years; however, we seem to be no closer to finding an answer to the question of exactly what consciousness is and how it came to exist. In this class we will study the ideas and theories of leading experts in this fascinating field by watching video presentations followed by discussion.

We will continue to meet every fourth Monday until we have solved the “hard problem of consciousness.” Actually, we will probably run out of material to discuss before that happens but who knows where this might lead?

This month we will continue with the PBS series *The Brain* with Dr. David Eagleman. Episode two, ‘What Makes Me?,’ explores the question of how the brain gives rise to our thoughts, emotions, our memories and personality.

Zephyr Point, Lake Tahoe

June 14th—16th, 2019

There is one room available! Please call the office at 530-888-6489 or talk to Sharon Hardie if you’d like to go.

Weekend Single Occupancy Rate: \$312 per person

Weekend Double Occupancy Rate: \$210 per person

Day passes are available.



UPCOMING VARIETY SHOW!

We want to show your talents in our upcoming Variety Show on May 31st at 7:00 p.m.

If you’d like to be in the show, please sign up at Unity Central or talk to Dave Werkey.



EMAIL PRAYERS FOR YOU ...

If you would like an email prayer from one of our Chaplains, please send your prayer request to:

auburnchaplains@gmail.com

Our Chaplains are available to join you in prayer if you are having a challenge or in gratitude and joy!



Message from our Board of Directors

A happy and healthy month of May to you all.

May is the time to plant vegetables and flowers and to see the trees come into blossom. It's a time for spring cleaning—getting rid of all that stuff you have collected over the year (don't forget our Thrift Store).

When I was growing up, May was a busy month that meant picking the May Queen and dancing around the Maypole. The Maypole stood in the middle of the village green and was mostly made from birch wood. On May 1st of each year, my sisters and I would be handed bright colored ribbons that we would weave around the pole. It looked the most beautiful when it was finished.

Most of the families watched their children dance around the pole. When I looked back at my mother and father, I saw the pride they had in seeing their girls in their Sunday best dresses and black, shiny dancing shoes.

The Maypole was introduced in England in 1350, a century full of pagan worship and medieval superstition. Thank goodness the superstition has been left behind. Now it is a lovely family get together.

In 1621, the Maypole came to the United States where the tradition has expanded.

It's great right now to see our lakes full, snow on the mountains, and the fields of green. It's lovely to recall dancing around the Maypole, too. I say thank you Lord for all of this.

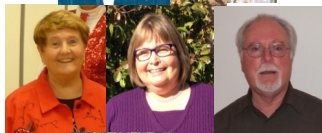
Love and blessings,

Edna



Edna Sparkes

Board of Directors



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- Natalie Kimball.....Secretary
- Bill Mahl.....Member
- Dave Langley.....Member
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- Karen and Mark Schindler.....Co-Ministers
- Marra P. Swan.....Licensed Unity Teacher
- Mary Lou Banahan.....Youth and Family Leader
- Ken Kligerman, AFM.....Keyboard/Piano

Staff

Unity of Auburn May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Noon Prayer 5:00 pm Sisters	2 Noon Prayer 6:00 pm Spiritwind	3 Office Closed	4
5 10:00 am Celebration Service 10:00 am Youth and Family Ministry	6 Noon Prayer 4:00 pm Yoga	7 Noon Prayer	8 Noon Prayer 5:00 pm Sisters	9 Noon Prayer 6:00 pm Spiritwind	10 Office Closed	11
12 10:00 am Celebration Service 10:00 am Youth and Family Ministry	13 Noon Prayer 4:00 pm Yoga	14 Noon Prayer	15 Noon Prayer 5:00 pm Sisters	16 Noon Prayer 6:00 pm Spiritwind	17 Office Closed	18 9:00 am Women's Creative Insight Circle
19 10:00 am Celebration Service 10:00 am Youth and Family Ministry 11:30 am Chaplain Prayer Circle	20 Noon Prayer 4:00 pm Yoga	21 Noon Prayer	22 Noon Prayer 5:00 pm Sisters	23 Noon Prayer 6:00 pm Spiritwind	24 Office Closed	25
26 10:00 am Celebration Service 10:00 am Youth and Family Ministry	27 Noon Prayer 4:00 pm Yoga 6:00 pm Frontiers of Consciousness	28 Noon Prayer	29 Noon Prayer 5:00 pm Sisters	30 Noon Prayer 6:00 pm Spiritwind	31 Office Closed 7:00 pm Variety Show	<i>There will also be a Variety Show on June 2nd!</i>

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

Unity of Auburn

Unity of Auburn Events

Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

May 5, 2019

Lesson: Blueprint For a Good Society

Soloist: Dennis Cain

May 12, 2019

Lesson: Mother Knows Best

Soloist: Brenda Boston

May 19, 2019

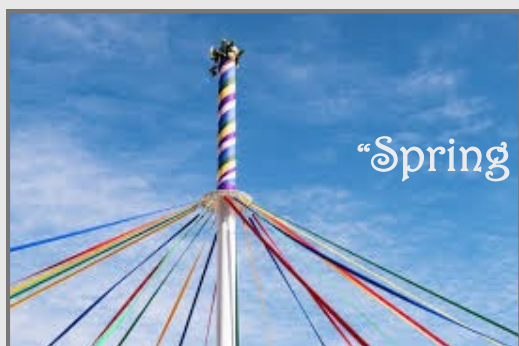
Lesson: Our Common Humanity

Soloist: Jon Dufor

May 26, 2019

Lesson: The Meaning of Community

Soloist: Beth Gillogly

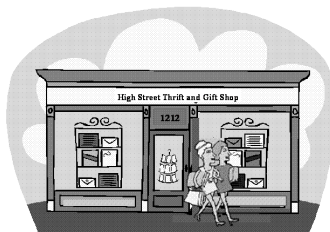


“Spring is nature’s way of saying, ‘Let’s Party!’”

- Robin Williams

April Total:

\$1,753.00



March Total: \$1,515.00

To donate: Bring good quality clean items when the shop is open.

Reduce ... Recycle ... Reuse

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift

Unity of Auburn
**1212 High Street
Thrift & Gift Shop**

Hours Open:

Monday—Thursday 10:00am-4:00pm

Open Fri, & Sat—10:00 am-2:00 pm

Sometimes Open Sunday

(if we have volunteers)

We are in need of volunteers and donations!

Sign up at Unity Central