

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Monthly Message

A Story That Ends Well



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Special points of interest:

- **Variety Show**
November 12th
- **Thanksgiving Potluck**
November 21st
- **AV Matching Grant**
- **Fall Back! (Daylight Savings Time Ends)**

Unity's Prayer theme this year, "No matter the circumstances, all is well with my soul," recalled a talk I heard by Rev. Robert Brumet, in which he compared our actions in life to a theatrical performance – asserting that we are both actors and screenwriters in our own play, with power to influence the outcomes in our life.

At times when I may not feel that "all is well" in my life's story, the perspective that my life is in some way like a play can help me adopt a more objective view.

Some plays, I know, are tragedies. Some circumstances in life, too, seem tragic. And yet, when I see a play, no matter how tragic the ending, I can remind myself that it is only a play. After it is done, the actors will go home happy. Though the characters they portrayed may have met tragic ends, their "real selves" will remain well.

Just so, I like to think there is some part of me that persists beyond this physical self I inhabit – beyond this skin that I wear, beyond the things that happen to me – much like how actors, in their true identities, continue to exist beyond their roles, beyond the plays in which they have performed.

In this view, there is some part of me in which all is well, and all shall be well – always – even when conditions around me (or in my feelings, my mind, or my physical, material, mortal body) seem to be falling apart. There is that part of me (called by some the soul) which cannot be destroyed or made unwell – no matter the circumstances.

In the end, the situations in my life are fleeting, transient, and temporary. Beyond those physical circumstances exists a reality in which all things are and will be well with me.

Robert Brumet commented that, like an actor in a play, "When we are exclusively identified with (our personality), then we begin to lose sight of our true origin ... the Divine, if you will." Then, we may feel that we are defined by our environment, rather than "Our Self, the Christ within."

Instead, he suggests, we are not merely like a character in a play who is subject to the circumstances of the script. Rather, we are also the scriptwriter. We are the author of our own life – as if our future self has written an autobiography about how we awakened to the Divine Self, and we are presently acting out the story of that transformation.

"In every experience," Brumet said, "I am a character in this grand story ... and at the same time I am the author of it.... We are both in the world and not of the world. We live a life that we have been given – as personalities. We did not choose it; we just showed up and did the best we could to survive in it. And yet, as Divine Beings, we know that this life is meticulously scripted to awaken us to the Truth that is within us."

If I can remember the wisdom in these words, at times when I am not feeling that all is well, it can help me to believe that – regardless of what twists and turns my story may take – there will come a time when I see that my story – all our stories – will have a happy ending.

Someday, we will go home from this production in which we have been acting, and realize the magnificent, integral part we have played – in a story unimaginably grand.

Variety Show

Unity Variety Show



"Gratitude in All Its Forms"

November 12, 2021 at 7:00 pm

1212 High Street, Auburn CA

**Talent Galore!!! Songs, Musicians, Poetry, Skits
& Our Headliner The Award Winning Bassil the
Comedian.**



Bassil



\$10 Love Offering At The Door

Refreshments following the show.

For additional information contact the Unity Office at
(530) 888-6489

Chaplain's Corner



Natalie Kimball

Because the fourth Thursday in November is Thanksgiving Day, I like to think of November as gratitude month. On its face gratitude seems like an easy concept. There is so much in this beautiful world to be thankful for – our kids, our health, this beautiful day, etc., etc. As I approach my season of gratitude this year, I wonder if there is a new way to look at an old concept – a way to step up my game. Eric Butterworth says that gratitude is not simply a virtue, it is a state of consciousness in which we are lifted to a new experience of life. A grateful person is GREAT because they have turned on all the lights in themselves. An attitude of gratitude is not simply a reaction to good things, it can be the cause of them. When we are grateful, we radiate a light that enables us to see things for which to be grateful. More than this, it actually attracts good things to us. Maybe this is what true GREATNESS is – the ability to appreciate the good in people and events, and thus to exact the very best from life. In other words, the more grateful we are, the more good we attract and the more we have to be grateful for. A self-perpetuating cycle of good. Wow. Now that is a cool new way to look at gratitude.

Happy Thanksgiving to all!



Save the Date!

Variety Show Dress Rehearsal

Thursday, November 11th at 6:30 p.m.

**(Quick run-through to develop timing on
Sunday, November 7th following the
Celebration Service)**

*Thanksgiving Potluck
November 21st After Service
(Sign-Up in Manning Hall)
Bring Your Favorite Dish*



Sunday Service, Classes, Counseling

Sunday Service

Sunday Service In Person and Via Facebook Live Stream

Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. If you have not been vaccinated, we strongly recommend wearing a mask for your own health and safety.

Live stream link on our Facebook page <https://www.facebook.com/Unity-of-Auburn-114140051995464/>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account:

<https://www.facebook.com/help/188157731232424?helpref=topq>

COME JOIN SISTERS OF GOOD!

Sisters of the Good meets at Unity on Wednesdays from 4:00pm to 6:00pm.

We are currently reading the book, "*What Happened to You?: Conversations on Trauma, Resilience, and Healing*," by Dr. Bruce Perry and Oprah Winfrey.

Our earliest experiences shape our lives far down the road, and *What Happened to You?* provides powerful scientific and emotional insights into the behavioral patterns so many of us struggle to understand.

If you need a book, contact Carrie (530) 888-6489. The hardback book is available on Amazon for \$18.64 (including tax). For additional information, please see Kathleen Demontigny.

Frontiers of Consciousness

This class is being offered in person and on Zoom *November 22, 2021*. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.

Rev. Joe Sloan Available for Spiritual Counseling

During our transition process, the Board has hired Joe Sloan to be the Church's Spiritual Advisor. In this role, Joe will hold the spiritual space for the ongoing success of the ministry, will support the prayer chaplain team, will support the Board and Leadership Team by holding the high watch and will be available for spiritual counseling for all members and congregants. Spiritual counseling is available from Joe on a love offering basis and can be scheduled through Carrie Deterding during regular office hours and by contacting Joe directly at (530) 575-2262.

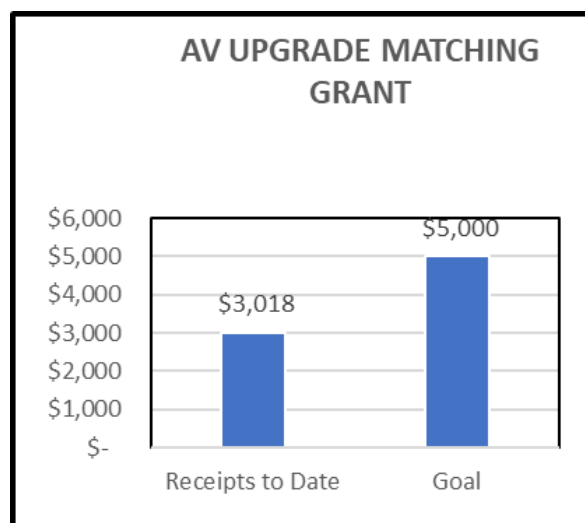
FYI...

Unity of Auburn needs a volunteer to administer our Facebook Live Stream and run the audio-video equipment on Sundays. If you have been looking for a new way to support your ministry, this could be just for you! It is a great job for co-coordinators, so if you and a friend, or friends, would like to split the duties that's also a good option. Please talk to Dave Langley if you are interested. This is one of our most important volunteer positions, so please give it some strong consideration. No prior knowledge of training is necessary.



Status of the Matching Grant to Upgrade our AV Equipment!

A generous donor has agreed to provide a matching grant on a dollar-for-dollar basis of up to \$5,000 for the purpose of upgrading our audio-visual equipment. To date we have collected **\$3,018** towards this effort. As we move into the new reality of streaming services, Zoom and improving our on-line presence it has become critical for us to upgrade our cameras, computer and sound system and to hire someone who knows how to run them. The donor requests that you only put "new" dollars toward the match and continue your normal contributions to our general fund. To distinguish the donations eligible for the match, we ask that you use the envelopes in the sanctuary or Manning Hall for cash donations and mark them for the matching grant. If you choose to donate by check, PayPal or via on-line banking, we ask that you add a memo stating that the donation is toward the match. Donations as small as \$1 are welcome. Please help us qualify for the entire match - and please stay on your honor to donate only new money to the cause. *Thank you for your donations!*



Let's Decorate!
*Help Us Brighten Up The
 Sanctuary and Manning Hall
 for the Holidays!*
Saturday, December 4th, 10 am



**BOARD OF
 DIRECTORS**

Board Member Wanted

We are so pleased that Kathleen Demontigny and Bill Hamre have joined the Board this year. We are still seeking one more member to round out the group. Church membership is required to be on the Board. This is a spiritually active group of people who care deeply for Unity of Auburn. They meet at least monthly to ensure the ministry is taken care of and that we remain financially healthy.

If you've been wondering how you could donate your time for the good of our spiritual community, we ask that you contact Sharon Hardie (530.222.7928). She can provide you with more information on the exact duties of the board.

Board of Directors



Board of Trustees

- Patty Davis.....President
- Dave Langley.....Vice President
- Sharon Hardie.....Treasurer
- Natalie Kimball.....Secretary
- Kathleen Demontigny.....Member
- Bill Hamre.....Member

Staff

Unity of Auburn Staff

- Vacant.....Minister
- Carrie Deterding.....Office Manager
- Mary Lou Banahan.....Youth and Family Leader

Our Financial Picture

UNITY OF AUBURN FINANCES		
JANUARY-SEPTEMBER 2021		
INCOME AND EXPENSES	JAN-SEPT 2021	SEPTEMBER 2021
Love Offerings	48,325.38	5,380.00
Rent	12,958.10	1,817.90
Adult Ed./Fundraising	2,347.04	217.00
Youth Education	0	0
Miscellaneous (\$9,000 SBA Grants & AV Funds)	12,074.40	869.82
Thrift Store Net Income	9,874.19	1,109.04
TOTAL INCOME	\$85,579.11	\$ 9,393.76
Building	11,384.78	1,594.16
Adult Ed./Fundraising	(Netted in Income)	
Ministry/Mission	50,519.49	6,518.60
Mortgage	21,434.76	2,381.64
Office Administration	13,766.79	3,089.77
Sunday Music	3,900.00	300.00
Tax/Insurance	6,138.76	66.16
Unity Organization Offering	0	0
Youth Education	0	0
TOTAL EXPENSES	\$107,144.58	\$13,950.33
NET ADJUSTED INCOME	<\$21,565.47>	<\$ 4,556.57>

SBA Loan balances 2020 income deficit....Funds portion of 2021 budget...Funds Roof/HVAC contingency set-aside

We are especially grateful to everyone who responded to our request to make offerings via PayPal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

Board of Directors



Dave Langley

Hello Unity of Auburn,

Along with the rest of the world working to meet today's challenges, our church continues the work that enables us to continue to be a spiritual center for the Unity message in our community. I would like to mention just a few of the items being done in this regard.

The most recent item is a result of the latest rain storm that showed us we needed some roof repair. While the rain was a needed blessing, it also showed some repairs were needed to the roof. Our dedicated folks got right on this effort short-term repairs have been completed.

In addition, we recently were able to obtain an updated telephone and internet service that has greatly improved the quality of our Sunday service livestream as well as office productivity. This has been a critical need for some time and the efforts of Unity folks got it to happen.

Further, your generous support has allowed us to upgrade our audio/video equipment which was essential to stream a quality program. The improvement in our livestream quality is significant. And in the near future we will also be upgrading additional A/V gear which is long overdue. This will continue to allow us to have wonderful sound and picture facilities at our church.

All of these changes enable our spiritual community to continue as a place of spiritual growth, helping people thrive in a changing world.

Thank you all for your help and support.

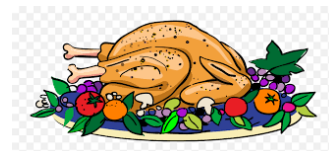


DONATE A TURKEY!

How Can You Help?

Purchase a 10 – 14 pound turkey from one of the sponsoring stores

- Auburn Grocery Outlet bargain market
- Auburn SaveMart
- Auburn Safeway



They will store it for you and give to AIFC, or

Buy a turkey, store it yourself, then deliver it to the Auburn Grocery Outlet parking lot on Saturday, November 20, between 9:00AM and 5:00PM.

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

November 2021 Talk Titles

November 7, 2021 — Rev. Dr. Bob Brach
Talk: "Dealing with the Horse Flies of Life"
Soloist: Dennis Cain

November 14, 2021 — Rev. Barbara Walley
Talk: "Love Lifts Us Up"
Soloist: Kellie Garmire

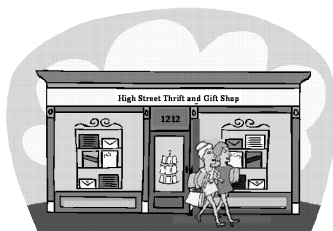
November 21, 2021 — Rev. Joe Sloan
Talk: "Our Gift To Create Our Good"
Soloist: Clint Ritchie

November 28, 2021 — Marilyn Robinson
Talk: TBD
Soloist: Kellie Garmire



Remember!

Change Your Clocks Back One Hour before you go to bed on Saturday night Nov. 6th



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: *Now* taking donations.

*Tuesday, Wednesday, Thursday, Friday & Saturday
from 10:00a.m.-2:00p.m.*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift