



A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.



Rev Cherie Larkin

Monthly Message

Fifty Days to a Better Life Rev. Cherie Larkin

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What would you feel if you knew you were moving to what you want for your life instead of struggling and efforting against what you do not want? Where in life you are in need of – and indeed ready for – a breakthrough? Each year many of us make resolutions to improve our lives only to find by February most of those heart-felt promises have fallen away. We get distracted with bills to pay, kids to raise, a business to build, a dog to walk, and so on. Annoyingly, knowing what we want to do or become can be insufficient to actually achieve the life we are meant to lead in being the very best version of ourselves.

This is your personal invitation to join us on a journey into being the best version of yourself in 2024. Plan now to participate in our New Year course, *Fifty Days to a Better Life*. It may prove to be the elevator that lifts your thinking onto a higher, more positive, and productive level that causes a stream of peace and happiness to pour into your life. As you connect more fully with your divine self, you'll discover how to be bigger than your past, your stories, your perceived limitations to become the best version of yourself. By best version I mean the version that is best in terms of being closest to who you really are in all aspects of your life.

“The whole point of being alive is to evolve into the complete person you were meant to be.” — Oprah Winfrey

You are a unique expression of the Divine and that truth allows you to step into your life with authority. Too many peoples' lives are filled with bleak,

depressing things, and this is truly unfortunate and needless. Frustration, financial lack and unhappy relationships are nothing more than bad habits which the sufferers have become used to and believe they must stoically endure with no escape. This is wrong thinking and there is a way out. Key to changing those conditions consists in getting in tune with Spirit and working harmoniously with universal spiritual laws rather than against them. It's natural for you to experience an enthusiastic interest and joy in living life fully! *Fifty Days to a Better Life* will help you take definite action toward fulfilling your heart's deepest desires. You'll receive fun, simple, practical tools to create and navigate the next best chapter of your life. You'll leave with a new life plan and a roadmap for 2024 and beyond so you achieve the things that are really important to you.

Whether you want to unleash your inner artist, enjoy a vibrant retirement, venture out to new places, enjoy grandkids, master a sport, or have a heart for humanity; now is the time to enjoy the elevated and engaged lifestyle you deserve. Sign up to take this transformative journey. It may just prove to be a priceless gem toward making your life happier, healthier, more successful. *Fifty Days to a Better Life* kicks off Sunday, January 7th 12-2pm at Unity of Auburn, 1212 High Street, Auburn. For more details visit www.unityofauburn.com

Special points of interest:

- Save the Date
- Thank you Hospitality

Chaplain's Article



Shelly Gideon

How May I Pray With You?

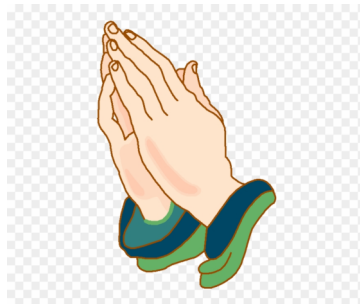
It is both a privilege and an honor to be in a position to offer prayer with someone who is hurting. The simple and powerful act of holding the space for someone, even when they are unable to do so themselves. To hold a sacred space for them.

Being present is huge, and I am often reminded to do so, even for myself. Being present is now becoming (in our high speed, technology driven society) a muscle we must flex more often. Our grandparents and great grandparents didn't struggle with this as much. They could talk on the phone, when they pleased or even sit on the porch and share joys and struggles.

And listening, really listening to what they want to share, about what needs prayer.

Let's take this to prayer...

I pray with others by affirming their highest good. I place my faith in the Christ Essence to heal, comfort and guide them.



Sunday Service, Classes & Misc.

Sunday Service

Sunday Service In Person is at 10:00 AM and Via YouTube Live Stream at 10:15 AM. Live stream link on our YouTube page <https://www.youtube.com/@UnityChurchofAuburnCalif-so7gm>

Frontiers of Consciousness

There is no Frontiers Class in December.

Enjoy the season.....

Sisters

Sisters is meeting every Wednesday from 3-5 pm in Manning Hall. All are welcome!



- Dec 17 New Member Orientation
- Dec 24 Candlelight Service
- Dec 31 Burning Bowl, New Years
Champagne Brunch
- Jan 7 50 Days to a Better Life Class
- Feb 25 Annual Membership Meeting

1212 High Street, Auburn, CA

530-888-6489

Details at: www.unityofauburn.com

Misc.



Thanks to Hospitality

When the aroma of fresh brewed coffee wafts through Manning Hall you can be assured our Hospitality volunteers are “in the house.” Every week our beloved volunteers create a wonderful, colorful, fun, tasty, yummy place for us to gather and enjoy each other. Sharing our hearts and lives is vitally important to feeling connected to life and each other. Those who serve in hospitality create this wonderful opportunity for us all. Thank you to each of you, we love, bless, and appreciate you. And... if you haven’t thanked or hugged our volunteers lately, be sure to do so.

With love, Rev. Cherie, and the Board of Trustees

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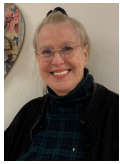
Unity of Auburn Staff

- Rev Cherie Larkin.....Minister
Carrie Deterding.....Office Manager

Unity of Auburn December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 10:00 am Celebration Service	4 Office Open	5 Office Open	6 Office Open 3:00 pm Sisters	7	8	9
10 10:00 am Celebration Service	11 Office Open	12 Office Open	13 Office Open 3:00 pm Sisters	14	15	16
17 10:00 am Celebration Service New Member Orientation	18 Office Open	19 Office Open	20 Office Open 3:00 pm Sisters	21	22	23
24 10:00 am Candlelight Service, Christmas Eve	25 Office Closed Christmas	26 Office Open	27 Office Open 3:00 pm Sisters	28	29	30
31 10:00 am Burning Bowl Service, Champagne Brunch New Year's Eve						

Board of Directors



Sally Smock

GOD ALWAYS SENDS A THANK YOU NOTE

When I was young and learning to write, my mother encouraged me to practice by writing a thank you note for a gift or a special kindness I had received. I asked my mother why it was important to send a note...and she said, “when you receive a gift or a kindness, the giver is helping God bless you. When you write a thank you note, you’re helping God bless them.”

Gratitude comes in many forms...a hug, a wink, a touch, a smile...simple things that say, “I appreciate you.” This summer I drove to the farmers’ market in Davis. I’m a farmers’ market junkie and is second only to the wonderful messages I hear from Rev. Cherie on Sunday. I don’t go to Davis very often, but there are vendors there who have become friends over the years, and I love having a short visit with them.

I spent most of my money and was down to one dollar. I stopped by a veggie stand to buy some Swiss chard, but as I approached the stand, a young boy, about seven, walked up alone to the vendor and asked, “How much is an orange?” The vendor said, “a dollar.” He looked around and asked how much a carrot was. She said, “they come in a bunch for \$3.50.” He said, “I’ll take the orange.” As he started to fish around in his pocket, I opened my wallet and said, “I have one dollar left and it has a purpose, and that purpose is for you to have that orange.” I gave her my dollar...she gave him the orange. Suddenly, his arms wrapped around my waist as he looked up at me and said, “thank you.” Before I could say, “you’re welcome,” he was gone. It happened so fast that I wondered if he’d been an Angel.

On my way home, I thanked God for the happy exchange, and I thought I heard him say very quietly, “I never forget gratitude.”



Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

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Email: admin@unityofauburn.com

Pray with Silent Unity: 816-969-2000

Service Live on YouTube:

- <https://www.youtube.com/@UnityChurchofAuburnCalif-so7gm/streams>

Lessons and Soloists

December 2023 Talk Titles

December 3, 2023

Talk: Christmas in the Heart ~ Awakening

Music: Worship Team Singers

December 10, 2023 - Guest Speaker Patricia Heller

Talk: TBD

Music: Worship Team Singers

December 17, 2023

Talk: Christmas in the Heart ~ Illumination

Music: Worship Team Singers

December 24, 2023 ~ Candlelight Service

Talk: Christmas in the Heart ~ Birthing

Music: Worship Team Singers

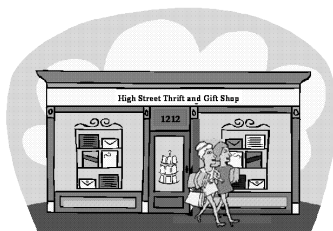
December 31, 2023 ~ Burning Bowl Service

Talk: New Year, New Life!

Music: Worship Team Singers



*Kindness is like snow –
It beautifies everything it
covers.....*



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: Now taking donations.

*Monday, Tuesday, Wednesday, Thursday, Friday & Saturday
from 10:00 a.m.-3:00 p.m. & Sunday from 11:30 a.m.-1:00 p.m.*

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift