

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

## Monthly Message

Phone: 530-888-6489
Website: www.unityofauburn.cor

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#### Special points of interest:

- Church Yard Sale
- Thrift Store Grand Re-Opening
- CPR
- Bingo Night

# The Temple of God

Any declarations man may make in which the name of Jesus Christ is used reverently will contact the spiritual ether in which the Christ I AM lives and will open the mind and body to the inflow of spiritual healing rays. — Charles Fillmore

You live in God; God lives in you. The life you have been praying for is here, in you now. The healing you have been praying for is already accomplished, for you are one with God's healing power right now.

This law of spiritual healing involves full receptivity on our part. God does not do anything in us against our will. Whenever we have an experience of sickness, it is evidence that we have been letting go of our hold on the life of God. We have ceased to eagerly appropriate, assimilate, and make use of the life of Spirit through our thoughts, words, acts, and living habits.

It is up to us to accept our God-given perfection for ourselves, to put aside past mistakes and untrue suggestions, and to fix our undivided attention on the Creator of our inner pattern of perfection. We must bring all our mental attitudes, the centers of our consciousness, and even our physical being to the high place in Divine Mind where we see as God sees. From this spiritual viewpoint we'll find ourselves in our right and natural state of health and well-being.



Rev Cherie Larkin

How differently we feel when we think of our body as the temple of the living God, as the actual dwelling place of the Holy Spirit. How differently we feel when we realize that there is only one life, Divine life, and that this life flows through us, a mighty, healing, purifying cleansing stream.

October 2022

Such thoughts are so inspiring and life-giving that we aspire to cease talking about anything but life. We no longer attach importance to every little twinge, or ache or pain. We declare life, we hold to life, we express life. And in doing so, we are healed!

Join us for our October series, *The Unity Guide to Healing* and be prepared to step into greater health and wholeness.



## Chaplain's Corner



## Take it to Prayer

When I became a Unity of Auburn prayer chaplain, I signed a commitment that I would, among other things, maintain a regular practice of prayer and meditation. In becoming a chaplain, I was mentored by gifted practitioners who shared their time and talents with me so that I could better serve my spiritual community. We practiced writing denials and affirmations as part of our initial prayer process. The over 80 hours of training in the past 4 years have helped me develop a regular prayer practice. However, I eventually became aware of a truth about prayer that I need to share with you.

Sometimes while preparing my chaplain corner or Board articles, I can experience "writer's block". I usually have several ideas that I want to express, but I cannot seem to get them out of my head and onto the computer screen. I typically start and stop a number of times as my frustration level grows. The words simply will not flow. And then, I think: What if I stop and say a prayer. I sit back in my chair, focus on my breath, allow myself to relax, then follow the other steps of my chaplain prayer process (affirming one presence/one power, meditation/silence, denials and affirmations, gratitude). I begin thinking of denials and affirmations focused on the powers within me that I can use to compose the piece. Prayer enables me to get my mind still, to open my heart, and to trust that the right words will come. And the words do come.

I have realized that it is not enough to pray when everything is going well and expressions of joy and gratitude come easily. I need to use prayer as my **first step** whenever I encounter a challenge or problem. Whether I am alone or in a difficult discussion with others, I can say, "I need to take this to prayer." Prayer will guide me to my truth, and my truth will free me to consciously use my spiritual powers in a way that inspires, uplifts, and serves another from my authentic self.

May prayer be your first response when faced with a challenge. It will enable you to access the gifts within you, empowering you to approach any situation with grace, strength, wisdom and faith.

# Sunday Service, Classes and Misc.....

### **Sunday Service**

Sunday Service In Person and Via Facebook Live Stream. Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. Live stream link on our Facebook page <u>https://www.facebook.com/Unity-of-Auburn-114140051995464/</u>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account: <u>https://www.facebook.com/</u> <u>help/188157731232424?helpref=topq</u>

## **Frontiers of Consciousness**

This class is being offered in person and on Zoom October 24, 2022. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.

# Sisters

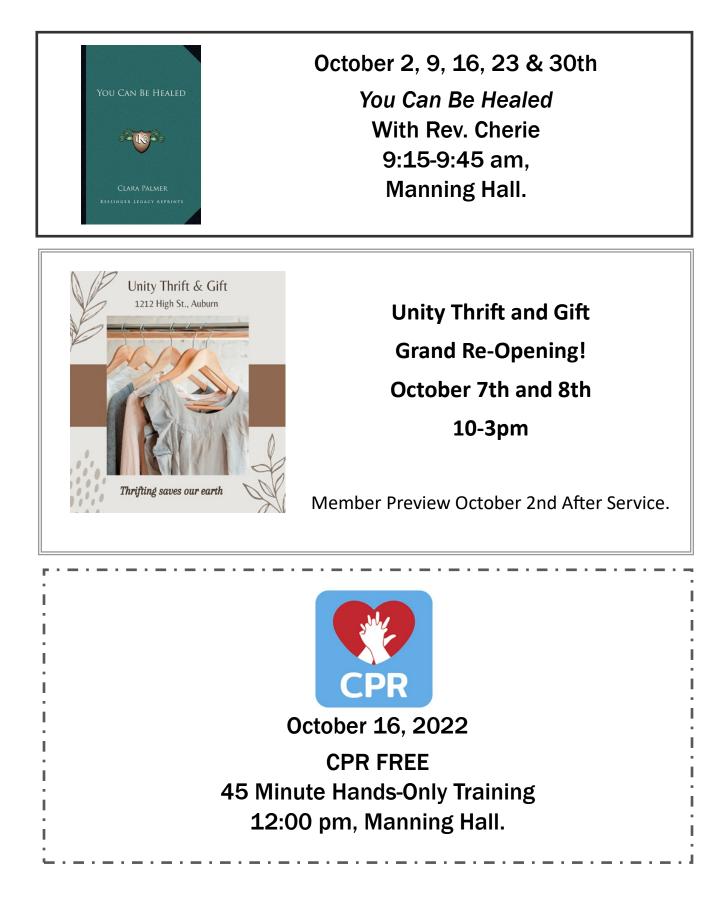
During the winter months, Sisters is meeting every Wednesday from 1-3 pm in Manning Hall. All are welcome!

If you have any questions, please email: Kathleen Demontigny at demonkat123@gmail.com



October 1, 2022 9-2pm

# *Misc*.....



Unity of Auburn October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Church Yard Sale 9-2 pm
2 9:15-9:45 You Can Be Healed Class, Manning Hall 10:00 am Celebration Service Unity Thrift and Gift <b>1st Look</b> Hospitality Will Be Outside of the Thrift Store.	3 Office Open	4 Office Open	5 Office Open	9	7 Thrift Store Grand- Reopening 10-3 pm	8 Thrift Store Grand- Reopening 10-3 pm
9 9:15-9:45 You Can Be Healed Class, Manning Hall 10:00 am Celebration Service	10 Office Open	11 Office Open	12 Office Open	13	14	15
<ol> <li>9:15-9:45 You Can Be Healed Class, Manning Hall</li> <li>10:00 am Celebration Service</li> <li>2 pm CPR Free 45-min Hands Only Training</li> </ol>	17 Office Open	18 Office Open	19 Office Open	20	21	22
23 9:15-9:45 You Can Be Healed Class, Manning Hall 10:00 am Celebration Service 30 9:15-9:45 You Can Be Healed Class, Manning Hall 10:00 am Celebration Service	24 Office Open 6:00 pm Frontiers of Consciousness 31	25 Office Open	26 Office Open	27	28 Unity Bingo Doors Open 5 pm	29

# *Misc*.....



Bingo Party

A Fun Fundraiser

Friday, October 28, 2022 Doors open at 5PM \* Games start at 6pm 1212 High Street, Auburn CA Tickets \$25 A Piece Includes 10 Bingo Game Cards One Free Door Prize Ticket! Raffle & Costume Prizes! Costumes Encouraged Tea and Coffee Witches Stew Dinner Tickets \$5.00 Beer, Wine, Water (Sold Separately) Get your tickets at 1212 High Street Unity Thrift &Gift, Unity Office or From Pam Hart Monday-Friday 10:00 am-3:00 pm or call 530-888-6489

20% Of The Proceeds Will Go To a Local Charity

# Board of Directors



### **Board of Trustees**

Patty Davis	President
Dave Langley	Vice President.
Natalie Kimball	Treasurer
Kathleen Demontigny	Member

Staff

### Unity of Auburn Staff

Rev Cherie Larkin	Minister
Carrie Deterding	Office Manager

# Board of Directors



#### Kathleen DeMontigny

The board has asked me to highlight volunteer opportunities, but first I have good news! The Jubilee Tea exceeded our expectations both in attendance and in fundraising! Our core volunteers stepped forward to plan the tea, set up the sanctuary, prepare delicious food, make fascinators, serve food, model in a fashion show, and clean up after the event. One of my dear friends paid for her ticket, ate one bowl of fruit, and then washed dishes for hours!

At the tea after the food had been served, I had the chance to observe the scene. We had many guests from outside our congregation. The room was full of lovely ladies enjoying the food, tea, the company, and the fashion show. Our fabulous gentlemen waiters looked dapper in their Union Jack bow ties. They did <u>a wonderful job</u> of serving. The fashion show highlighted the great buys we offer at Unity Thrift and Gift. The room hummed with good energy. The scene made me think of a Renoir painting.

Please follow me on a tangent: I grew up with a pencil in my hand. I learned to draw well. I love drawing, but it is akin to running a marathon foot race. It is just me and the pencil focused for hours on the subject. Later in life I took up watercolor painting. That is a very different experience. It is like dancing a tango with an excellent Argentinian partner. Every tube of paint has its own properties. The colors interact in serendipitous ways. The painting emerges like a magic trick on its own in ways I never would have expected. Watercolor painting is always an adventure and a surprise. As I enjoyed the tea, I thought **volunteering is like that!** 

Our church is so much more that a building. What makes is hum is the talents and energies of unique individuals working together. I cherish the times I have spent getting to know the great people here at Unity. When I volunteer, I get to see all the wonderful things each of them has to offer the world. You don't have to do a whole bunch; show up, spend a few hours a week in the thrift store, serve coffee on Sundays, work with the kids when they come, lend your talents and treasure in the creation of one of our events, bring a friend on Sunday. Show us **YOUR COLORS** and join us in making our ministry a masterpiece!

We have some great events coming up on the calendar: October 1st—Church Yard Sale 9-2pm October 7-8th—Thrift Shop Grand Re-Opening 10-3pm October 16th—FREE CPR Hands Only Training 12 pm October 28th—Bingo Night 5-8 pm November 20th—Thanksgiving Gratitude Service 10 am December 25th—Christmas Day Service 10 am



## Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street Auburn, CA 95603

Phone: 530-888-6489 Email: admin@unityofauburn.com Pray with Silent Unity: 800-669-7729

## Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

### Lessons and Soloists

### **October Talk Titles**

October 2, 2022 Talk: The Temple Beautiful Soloist: Dennis Cain

October 9, 2022 Talk: A Spiritual Path to Healing Soloist: Melissa Olsen

October 16, 2022 Talk: The Way God Provides our Physical Healing Soloist: Michael Lawson

October 23, 2022 Talk: A Faith that Can Heal Illnesses Soloist: Denise Anya

October 30, 2022 Talk: How to Pray for Healing and Restoration Soloist: Heartdream (Mirabai & Steve Bangs)



Hello October. I love your colors.





Unity of Auburn Thrift & Gift Shop 1212 High Street

Donations: Now taking donations. Monday, Tuesday, Wednesday, Thursday & Friday from 10:00a.m.-3:00p.m. Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift