May 2023



A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Monthly Message



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Special points of interest:

- Frontiers
- Sisters
- Thank you!

Happy Mother's Day!

As we evolve spiritually, the imprint of our mother's consciousness must be separated from our own. We must give her up no matter how saintly or demonic and instead we want to make room to internalize the presence of the Divine Mother and take on her legacy.

Who is she and what is her legacy? She is the mother aspect of the God Head. Known by many names as; Kali, the Tao, Kuan Yin, Gaia, and Mary. She is patience, kindness, grace, power, purity, joy, adoration, devotion. Her purpose is to birth our "Soul Force."

When you call on her, she will give you strength and a sense of purpose and guidance. She has every power of divine love, wisdom, healing and integration and as you surrender to her in perfect trust, she will open your heart center through grace and birth what is highest in you. She is in you. She cares for you. She listens to you. She will never leave you. Just as your biological mother is flesh of your flesh so the Divine Mother is Spirit of your Spirit. Let's celebrate that love all month long.



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Chaplain's Article



Natalie Kimball

The Spring Flow

It's finally beginning to feel like Spring. It is a joyful time filled with sunshine, flowers and all of God's creatures experiencing the wonder of resurrection. For me spring is a time of flow. The gentle breezes flow through the fields of wildflowers creating a virtual magic carpet. Brooks and streams swell with the flow of the spring melt and the air is filled with the flow of the scents and sounds of nature.

Chinese philosopher and author of the <u>Tao Te Ching</u>, Lao-Tzu said: "The human spirit has its source in the divine fountain which must be permitted to flow freely through man. Anyone who flows as life flows has solved the enigma of human existence and needs no other power. Anything is evil that blocks the flow of creative action, and everything is healthy that flows with the Universe."

I find that my days go much better when I remember to release myself to the flow. When I feel stress, resentment or anger, sometimes just stopping to allow the flow of my breath to bring me back in alignment with the Divine is all it takes. When the worry or concerns of the world feel overpowering, I may need to sit in the silence for a few minutes to re-establish that connection. It may not come right away, but I do not fret, because I can rely on my divine powers of faith and wisdom to accept this moment for what it is – just a moment.

Erick Butterworth, Unity Minister and author of <u>In The Flow of Life</u> said "There is a flow of harmony and love and light and life and substance everywhere. You are that flow ... whether you are aware of it or not, whether you are frustrating it or not. This is what "omnipresence" is. You do not leave the Presence of God or the flow of life when you are negative or resistant. You leave the consciousness of the Presence. You are always in the flow ... and it is always in you".

Emily Cady provides a powerful affirmation which describes so beautifully the rewards of being in the flow: "I am a child or manifestation of God, and every moment His life, love, wisdom, power flow into and through me." Pin this one on your mirror. It is a great read first thing in the morning.

Blessings and Love, Natalie

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Sunday Service, Classes

Sunday Service

Sunday Service In Person and Via Facebook Live Stream. Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. Live stream link on our Facebook page https://www.facebook.com/Unity-of-Auburn-114140051995464/

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account: https://www.facebook.com/ https://www.facebook.com/ https://www.facebook.com/

Frontiers of Consciousness

This class is being offered in person and on Zoom May 22, 2023 at 5:00 pm. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.

Sisters

During the winter months, Sisters is meeting every Wednesday from 1-3 pm in Manning Hall. All are welcome!



Shout out to all Unity of Auburn Ushers and Greeters led by Stephanie Langley who show up on Sundays to greet all with a smile and a loving heart! Thank you for keeping our worship experience beautiful. We appreciate your dedication and devotion.

With love, Rev. Cherie and the Board of Trustees

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Misc.

Unity of Auburn Upcoming Events All are welcome!

May 14

Mother's Day

May 20

Forgiveness Workshop

May 26

Lady of the Lake Concert Tickets on Sale Now!

June 11

Jason & DeMarco

June 17

Pet Blessing Festival

June 18

Father's Day

Board of Directors



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Unity of Auburn May 2023

Sat	9	13	20 Forgiveness Workshop	27	
Fri	2	12	19	26 7:00-8:30 Lady of the Lake Concert	
Thu	4	11	18	25	
Wed	3	10 Office Open 1:00 pm Sisters	Office Open 1:00 pm Sisters	24 Office Open 1:00 pm Sisters	Office Open 1:00 pm Sisters
Tue	2	9 Office Open	16 Office Open	23 Office Open	30 Office Open
Mon	1	8 Office Open	15 Office Open	22 Office Open 5:00 pm Frontiers of Consciousness	29 Memorial Day Office Closed
Sun		7 10:00 am Celebration Service	14 10:00 am Mother's Day Celebration Service	21 10:00 am Celebration Service	28 10:00 am Celebration Service

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Our Financial Picture

INCOME AND EXPENSES MAR. 2023

Income		
Love Offerings	\$	17,557.00
Tenant Rent	\$	1,202.90
Facility Rent	\$	460.00
Adult Ed	\$	174.00
Refreshments	\$	70.00
BINGO Ticket Sales	\$	838.00
Misc. Income	\$	350.00
Thrift Store	\$	2,719.51
Total Income	\$	23,371.41
Expenses		
Building	\$	2,751.58
Tithes	\$	-
Ministry/Mission	\$	646.20
Mortgage	\$	2,366.67
Payroll & Payroll Taxes		6,777.79
Thrift Store Expenses	\$	26.86
Office Administration	\$	673.72
Total Expenses	\$	13,242.82
Net Adjusted Income	\$	10,128.59

We are especially grateful to everyone who responded to our request to make offerings via PayPal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

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Board of Directors



Michael Lawson

I can remember my first Youth of Unity (YOU) rally as if it was a week ago. I was new to the group and was urged to go by my sponsor as well as the other YOUers. At first I was super shy and almost frightened of the event and all of its activities. The other kids were having lots of fun interacting with each other, enjoying hugs, and anticipating each new part of the rally with excitement. It was an intoxicating environment of love and unconditional acceptance. This was and is the perfect place for a teenager learning about who they really are and how they fit in to the world. I was hooked.

YOU is the high school component to Unity's youth education program. It has been around for decades and is often run by adults who went through the program. YOU is revered by everyone in Unity who is familiar with it. Kids and adults often struggle a little bit to describe why this group affects all involved so positively and profoundly. I believe the magic of YOU, that materializes wherever 2 or more teenagers are gathered, comes from one of the foundational elements of its structure. Myrtle Fillmore, cofounder of Unity, saw each child live the truth principles through their own soul's unfoldment. Youth of Unity is as such youth led. The teenagers elect officers who plan chapter, regional, and international events and rallies. They choose their themes for events, create activities that support the themes, lead meditations and music, and even give short sermons.

At end of high school I had become the Regional Representative for West Central YOU and had been to Unity Village four times for the yearly YOU conference. Today I am a YOU sponsor and my two sons have been in YOU. When we put the graduating seniors in the middle of closing circle at the Spring Rally, it is an emotional moment for all. This was true for me years ago too. Most teenagers exiting the YOU program have a sense of separation and anxiety about leaving behind the rock that is the infinite love and acceptance of their YOU group.

In 1986 Unity had the Y.A.U. (Young Adults of Unity). While I am not familiar with the overall success of this program, for me it did not fill the space left by leaving the teen group. I think this was due to the large age window and lack of graduating YOUers in the group. Today we have Next Generation Unity (N.G.U.). It is our hope this group can organize and grow to serve young college age adults.

Nevertheless, life went on for me after high school. I attribute my success and happiness in my life to the environment I learned to create participating in YOU at Christ Unity in Sacramento and Unity of the Oaks. When I left, instead of lamenting the loss of the group and many of my friends who went separate ways, I saw it as an opportunity to put into practice my positive attitude, acceptance of others, and seeing love in everyone. College, work and going through the world day to day became a training ground to watch truth principles work their magic. Making new friends in college was fun and easy, in spite of them not having been to an international YOU conference. Energizing my love for others with meaningful sharing or just eye contact sparks the same magic as I experienced in the YOU.

Today when I go to church, I always take a moment in my consciousness to appreciate everyone around me in the congregation. It can be easy to forget the safety and love of all those who choose to be with me on Sunday morning to share our quest for spiritual deepening. I have felt loved and appreciated at Unity of Auburn from the first time I came to play the cello here a year ago. Thank you to everyone for participating in our journey to creating a loving and learning environment at Unity of Auburn!

In Love and Light, *Michael Lawson*

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

May 2023 Talk Titles

May 7, 2023

Talk: Knowing With Your Heart ~ Divine Understanding

Soloist: Dennis Cain

May 14, 2023

Talk: Calling Our Mother's Name Happy Mother's Day!

Soloist: Melissa Olsen

May 21, 2023

Talk: Addicted to Hurrying ~ Divine Zeal

Soloist: Michael Lawson

May 28, 2023

Talk: Memorial Day Weekend ~ Love That Covers All

Offenses

Soloist: Denise Anya



Hello, May!
Open your eyes to the beauty
of the world.





Unity of Auburn

1212 High Street Thrift & Gift Shop

Donations: Now taking donations.

Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 10:00a.m.-3:00p.m.

Check us out on Facebook: Unity of Auburn - High Street Thrift and Gift