

September 2022

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Rev Cherie Larkin

Monthly Message

Phone: 530-888-6489 Website: www.unityofauburn.com

Inside this issue:

Monthly Message	1
Chaplains Corner	2
Sunday Service, Classes & Counseling	3
Misc	4
Calendar	5
Board Members	6
Board Message	7
Financial Picture	8
1212 High Street Thrift & Gift Shop	9

Spiritual protection not only shields you from negative vibrations and repels harm, but it also attunes you to the higher vibrations of love, life, and light and which help you adjust to the denser vibrations of the physical plane.

Then shall you walk your way safely, and your foot shall not stumble. Proverbs 3:23

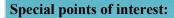
God has freely given a great protecting power to all his children. The vibrations of this radiance are of such high frequency that when you align with them, no hurt nor harm can come near you. Daily you can use this radiance to protect yourself and your loved ones from dangers, negative influences, or disturbing situations.

In Ephesians 6:12-17, Paul taught those who follow the Light to clothe themselves in "the whole armor of God." This Armor of Light appears as a dazzling white light completely surrounding the person so clothed. When you are clothed in this light your protection is increased many times over.

When needed this protection is instantaneous and you are absolutely defended physically, mentally, emotionally, and spiritually. It will protect you from disease when you have been exposed. It will protect you from mental unrest or negative thoughts directed toward you. It will protect you from physical dangers. Every light-bearer should wear this Armor of Light constantly. Nothing is too great or too humble to be clothed with the protecting power of God.

When you feel the need of protection say to yourself silently or aloud:

In the name and through the power of Jesus Christ, a wall of protection is built around me and my loved ones and I give thanks that we live and move in complete safety and well-being. Amen.



- Queens Jubilee Tea
- Radiant Being Concert



September 2022 Page 2

Chaplain's Corner



Natalie Kimball

Holding the High Watch



The theme for the 2022 Unity World Day of Prayer is "Holding the High Watch". The first image that pops into my head when I hear that phrase is of a lookout tower atop a mountain with someone searching in 360-degree fashion for danger. The watcher has a responsibility to sense if anything is amiss and take action if there is. She is perched above the fray and has the advantage of seeing the whole picture. She can pinpoint where trouble may be brewing and work to address it at the source. This image is a perfect metaphor for holding the high watch Unity style. Let's explore this.

Charles Fillmore writes in <u>The Atom Smashing Power of Mind</u> that "holding the high watch is our ability to slip into the state of silence, beyond thoughts, upholding the truth for those with whom we pray". In <u>Effective Prayer</u>, Francis Foulkes writes "The secret of the manifestation of all the good we need and desire is in the high watch, the lifted vision. Our vision can only be lifted... by being filled with high and holy thoughts and by our holding fast to these until the eye becomes swift and single to the good only". These ideas make it clear that the process for holding the high watch is focused on prayer – both for ourselves and for others. Since I cannot effectively pray for others if I am not spiritually fit myself, it stands to reason that holding the high watch starts with me.

As the watcher it is up to me to identify areas of potential trouble. This requires me to get in touch with both the physical and spiritual parts of me, to identify any looming "hot spots" and seek guidance for resolving whatever comes to mind. As I fine tune the relationship between God and me, I improve my ability to spot trouble in others. I am better able to intuitively recognize a distress signal coming from a friend or colleague. When this happens, I can stop immediately and affirm the highest good for all and, if appropriate, offer a helping hand. But holding the high watch doesn't stop there. Each day in my daily time of prayer and meditation I uphold the truth, reaffirm that God, good is everywhere present in my life and the lives of all around me. As the watcher, God expresses Divine Order and right outcomes through me.

In closing, I offer this prayer from Linda Martella Whitsett, VP of Prayer Ministry, Unity Village:

With an inward and upward gaze, I rise from human concerns so that I might revel in the indwelling Spirit. I take my place in the seat of prayer, in the radiance of divine light. I hold the high watch for all people, knowing the truth of oneness and wholeness.

I am one with divine love that lifts the sorrowful and suffering. I am one with divine life by which they heal.

I am one with divine wisdom that beams like a lighthouse, shining light on their path ahead.

My eyes of faith have a view of the horizon up here on the mountaintop of awareness. I wait, watchfully. I view the fulfillment of dreams and intentions for me and for all those with whom I pray, without obstruction and in a state of expectancy. My vision is far reaching as I hold the high watch. I say, "Amen, let it be. And so it is."

Page 3 September 2022

Sunday Service, Classes, Counseling

Sunday Service

Sunday Service In Person and Via Facebook Live Stream. Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. Live stream link on our Facebook page https://www.facebook.com/Unity-of-Auburn-114140051995464/

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account: https://www.facebook.com/ help/188157731232424?helpref=topg

Frontiers of Consciousness

This class is being offered in person and on Zoom September 26, 2022. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.

Queen's Jubilee Tea



Unity of Auburn

1212 High Street, Auburn CA

September 17, 2022, 2 to 4pm

Fabulous Food * Fashion Show

Door Prize * Hat Contest

Ladies are invited to wear hats!

\$30 per person, Tickets Available in The Unity Thrift Store

Page 4 September 2022

Misc....



Radiant Being Concert
Sunday, September 25th, 12:30 p.m.
\$20 Suggested Love Offering

Music to inspire and enlighten your own radiant being!

Let the Lawsons draw you into the heart of Spirit with rock-inspired harmonies, beautiful melodies, and group singing. Their songs, inspired by Unity principles, affirm the Truth of your being. You'll be lifted up and sent on your way singing!

Lisa, Michael, Cameron, and Liam are well known in Unity's West Central Region for their music and their leadership in YOU and in local Unity communities. Hailing from the foothills of California's Sierra Nevada mountains, the Lawsons also perform as the Celtic music band *Lady of the Lake* and in the Baroque music ensemble they founded, *Sacramento Baroque Soloists*. Their rich musical experiences have helped them become an integrated, exciting band that performs music both rhythmic and lyric, interweaving instrumentals and songs in uniquely inspired arrangements. Find all of the Lawson's music at Lawsonmusic.com.

Purchase Your Tickets From Hospitality!

Unity of Auburn September 2022

Sat	3	10	17 2-4 pm Queen's Jubilee Tea, \$30 See Natalie Kimball or the Thrift Store For Tickets	24	
Fri	2	6	16	23	30
Thu			15	22	29
Wed	1	7 Office Open	14 Office Open	21 Office Open	28 Office Open
Tue		Office Open	13 Office Open	20 Office Open	27 Office Open
Mon		5 Office Open	12 Office Open	19 Office Open	26 Office Open 6:00 pm Frontiers of Consciousness
Sun		4 10:00 am Celebration Service	1.1 10:00 am Celebration Service	18 10:00 am Celebration Service	25 10:00 am Celebration Concert \$20 Love Offering

Page 6 September 2022

Dear Friends,

Our expansion is in the works. We'd love the following donations for our shop. <u>Purses, Purses, Purses:</u> Any brand, color, size, or season. They are very popular! <u>Jewelry:</u> All kinds. Fine, costume, or vintage.

Home Good Items: Home décor, ceramics, accent pillows, dish sets, wall décor, etc.

Clothing: Good quality and clean. We love brand names.

Man Stuff: Shirts, pants, albums, gadgets, smaller tools or tool sets etc.

Unity of Auburn Thrift & Gift Shop

1212 High Street Auburn, CA 95603 530-888-6984 Store Hours: Mon-Fri 10-3



Board of Directors



Board of Trustees

Patty Davis	President
Dave Langley	Vice President
Natalie Kimball	Treasurei
Kathleen Demontigny	Member

Staff

Unity of Auburn Staff

Rev Cherie Larkin	Minister
Carrie Deterding	Office Manager

September 2022 Page 7

Board of Directors



Patty Davis

Our volunteers are the backbone of Unity of Auburn. We could not survive as a spiritual community without the individual contributions of our volunteers, who give tirelessly of their time, energy, and talents to ensure the continued prosperity of our beloved church. On behalf of Rev. Cherie and the Board of Trustees of Unity of Auburn, I am grateful to each and every one of you who has blessed us with your service. It indeed takes a village to make this church thrive.

For those of you who haven't volunteered yet, please know that any gift of time you can give will make a difference in the future of our spiritual community. Volunteering will also give you the opportunity to meet and get to know your fellow congregants better. I can personally attest to that based on my first volunteer experience with Unity of Auburn, working on our float for the annual Auburn Festival of Lights parade. The people I became friends with through that experience have enriched my life in so many amazing and unexpected ways! Becoming a volunteer with Unity of Auburn may be just the rewarding experience you are seeking and one that will enhance your connection with others!

So, here is a list of service opportunities that are available for you. Let us see your talents and gifts in action as you share them with us! With much gratitude and many blessings – Patty

October 1, 2022

Church parking lot sale; 9:00 a.m. -4:00 p.m. We will need as many volunteers as possible. Details to be provided later.

A/V Team

We need a volunteer to administer our Facebook Live Stream and run the audio-video equipment on Sundays. This would be a great job for co-coordinators, so if you and a friend, or friends, would like to split the duties that's also a good option. Please talk to Dave Langley if you are interested. This is one of our most important volunteer positions, so please give it some strong consideration. No prior knowledge or training is necessary. We will be happy to train you on the job.

Thrift Store

We are currently looking for people who would be willing to work a regular shift in our Thrift and Gift store or who could act as a substitute for another. We are also looking for people who would be willing to sort and price inventory. Please talk to Maggie McCown if you are interested.

Hospitality Team

We are currently looking for at least two volunteers who would be willing to serve on the hospitality team on the 5th Sunday of the month. We also need volunteers who would be willing to act as a substitute for others. Please talk to Kathleen Demontigny if you are interested.

Clavinova

I am currently looking for a volunteer(s) who would be willing to run the Clavinova (digital piano) at least once a month during our Sunday services. I would be happy to provide training to that individual. You do not need to know how to play the piano to run the Clavinova as you will be playing songs that are pre-recorded and stored in the instrument. Please talk to me if you are interested.

Page 8 September 2022

Our Financial Picture

Unity of Auburn

INCOME AND EXPENSES	July 2022
Love Offerings	6,614.00
Rent	2,192.90
Adult Ed./Fundraising	50.00
Youth Education	-
Miscellaneous (AV and Website Funds)	99.26
Thrift Store Net Income	1,613.52
TOTAL INCOME	\$10,570.08
Building	2,100.14
Adult Ed./Fundraising	-
Ministry/Mission	4,484.18
Mortgage	(36,767.00)
Office Administration	7,091.77
Sunday Music	400.00
Tax/Insurance	588.29
Unity Organization Offering	-
Youth Education	-
TOTAL EXPENSES	(\$22,102.62)
NET ADJUSTED INCOME	\$32,672.70
AP, Payroll, & Sales Tax	(498.36)
Other Adjustments/Expenses	(13,863.00)
NET Operations	\$18,311.34
CASH POSITION	
2-July-22	\$42,975.87
31-July-22	\$61,287.21
Net Cash Flow	18,311.34

We are especially grateful to everyone who responded to our request to make offerings via PayPal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

September Talk Titles

September 4, 2022

Talk: Holding the High Watch

Soloist: Dennis Cain

September 11, 2022

Talk: A Few Mistakes Beginners Make

Soloist: Michael Lawson

September 18, 2022

Talk: The Secret of Multiplied Money Prosperity Breakthrough

Soloist: Melissa Olsen

September 25, 2022 Talk: Spiritual Protection Soloist: Anne Roberts

The best and the most beautiful things in the world cannot be seen or even touched - they must be felt with the heart. $\sim \sim \sim$ Helen Keller







Unity of Auburn Thrift & Gift Shop 1212 High Street

Donations: Now taking donations.

Monday, Tuesday, Wednesday, Thursday & Friday from 10:00a.m.-3:00p.m.

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift