

*A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.*



Revs. Mark & Karen

## Ministers' Message

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### Special points of interest:

- All Events Postponed

This will no doubt be a very different July 4<sup>th</sup> celebration for most Americans. The thing that I have always enjoyed the most about the holiday is its free form nature. No rigid requirements for what one ought to be doing, watching, listening to or eating which is certainly an excellent way to approach a day where independence and freedom are the primary themes.

This year reality is requiring us to deal with some reasonable restraints on what we regard to be freedom and for the most part, Americans are responding positively to the call asking us to put the greater good of everyone above our own personal desire to do as we please at all times. Yes, I've seen the cell phone videos of the face mask fighters spitting and coughing on store employees for asking them to wear a mask but from what I see, they are a small percentage of the population like most extremists are.

Freedom and responsibility go hand in hand. One of the more challenging aspects of the Unity Movement for newcomers is the emphasis on personal responsibility. The cause of most suffering in the world starts with individual consciousness, not some supernatural evil entity.

Everybody wants freedom and power but responsibility? Not so much. That's where the sense of discomfort starts to rise up. Responsibility is regarded as a burden rather than something empowering. Unity focuses on a very specific type of personal responsibility, taking control of the content of our mind. In one of the old publications that used to be on the Unity Headquarters web page I found this statement:

“Unity emphasizes the creative power of thought in our life experience. We refer to this as the 'Law of Mind Action'. When we take personal responsibility to choose life-affirming thoughts, words and actions, we experience a more fulfilling and abundant life.”

It's not always comfortable but it is empowering. In contrast to what I learned in Unity, traditional Christian religion told me that we're not really responsible for our lot in life because we're in bondage to sin, we're slaves of satan. That might be a good name for a heavy metal band but it's a really dysfunctional world view.

Our thoughts do not create reality itself, they create our *experience* of reality so we want to guide our thought process to create the best experience we can imagine. Unity cofounder Charles Fillmore explains it this way: “It is the law of Spirit that we must *be* that which we would draw to us. If we would draw to us love, we must be love, be loving and kind; if we would have peace and harmony in our environment, we must establish it within ourselves.”

The law of mind action is not about manipulating reality. We attract ourselves to people, situations and things through the beliefs, attitudes and thoughts we hold, both conscious and unconscious. It's not about controlling anything out there; it's about getting ourselves in alignment with the creative principles at work in the universe so those principles can work through us for the greater good of all. This is Unity's vision of positive and creative freedom.

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## *Chaplain's Corner*

*By Becky Kligerman-Savercool*

### Affirmative Prayer:

In uncertain times, I find comfort in grateful awareness of what is certain and true, from my highest knowing.

We are entering July-the month we usually rise to celebrate our nation's independence, yet many of us are not feeling very celebratory this year. The last few months, with COVID-19 and the death of George Floyd, have not been easy for most people. We face threats to our health and sadness for family and friends we may have lost. Economic disruption is a challenge to many undermining the ability for so many to earn a living. Yet within challenges, there have been countless acts of support, kindness, patience, and dedicated, courageous service.

Dalai Lama urged people to focus on "what unites us as members of one human family". Responses from all walks of life have been phenomenal. Artisans freely sharing their works of "heart" in forms of music, poetry, prose, without expectation of profit but merely to uplift suffering. Comedians have brought us laughter sharing common dilemmas that allow us to find the humor in our circumstances. Kitchen arts have boomed and we may carry some extra "evidence" of that, much to our chagrin. Our definition of "essential workers" has broadened and now encompasses everyone from our medical professions to our sweet UPS driver that thrills us with each delivery. Our Divine capacity to reason, love genuinely, and share our gifts allows us to transform and soften hardship.

I recently found comfort and hope in poet Kathleen O'Meara's work entitled, "And the People Stayed Home" (excerpt).

"And people stayed home...

And read books and listened and rested and exercised  
And made art and played  
And learned new ways of being  
And stopped  
And listened deeper  
Someone meditated  
Someone prayed  
Someone danced  
Someone met their shadow  
And people began to think differently  
And people healed..."

Kathleen O'Meara, 2020

## *Ongoing Classes, Study Groups and Adult Education*

Due to the Governor's recommendation that everyone remain at home except for essential activities, we are live streaming our 10 AM Sunday service on our Facebook Page <https://www.facebook.com/Unity-of-Auburn-114140051995464/>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account:  
<https://www.facebook.com/help/188157731232424?helpref=topq>

In addition, all Adult Education and Special Events are postponed until further notice. Please reference your Upcoming Events email for up to date information.

Take care.

### **211 New Phone Service for Placer County**

just dial 211:

The vital role this call center played (during the initial public health crisis) in serving the people of Placer County highlighted the value of a 211 system to serve Placer County, which has been in the works for some time. 211 Placer has gone live as of July 1st!

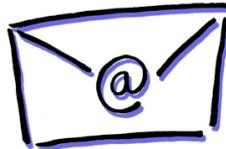
211 Placer call center provides referrals to community and health services including food, transportation, senior care, employment services, housing assistance, mental health supports and much more 24 hours a day.

### **EMAIL PRAYERS FOR YOU ...**

If you would like an email prayer  
your prayer request to:

**auburnchaplains@gmail.com**

from one of our Chaplains, please send



Our Chaplains are available to join you in prayer if you are having a challenge or in gratitude and

# Message from our Board of Directors



Blessings!  
Natalie

Greetings from the Board. We are blessed and grateful that Unity of Auburn continues to offer services and classes that help our community to thrive in a changing world. We resumed live services on June 21<sup>st</sup> with everyone cooperating by observing safe best practices. For those, like me, who are not quite ready to venture out, we continue to stream our services on Facebook. As we look forward to a prosperous and engaging future, the Board is meeting on July 11<sup>th</sup> to set goals that will help us stay focused on our mission and to grow and change with the times.

It has been a challenging month for many of us. As the pandemic appears to dictate the pace of our lives and as we all try to cope with our feelings about George Floyd and the state of racism in our nation, it can feel overwhelming. I'd like to share a prayer with you from Reverend Charline E. Manuel, Senior Minister of the Unity Center of Miami that has helped me put things into a better perspective:

*In uncertain times, I find comfort in grateful awareness  
of what is certain and true,  
from my highest knowing.*

*I am certain in **the strength of resilience, hope, and endurance** emanating from a grateful heart.*

*I live in the certainty of gratitude's gift, always revealing the best of who I am.*

***Divine love** expresses itself through my words of gratitude, kindness, and compassion.*

*May the expression of gratitude be your assurance of  
safe passage through these uncertain times.*

*May you live in grateful certainty of God's loving presence, guiding you and  
your loved ones toward health, peace, and prosperity.*

## Board of Directors



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## Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

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Pray with Silent Unity: 800-669-7729

### Join our Facebook pages:

Unity of Auburn

Unity of Auburn Events

Unity of Auburn-High Street Thrift and Gift

## Lessons and Soloists

### Talk Titles July 2020

July 5, 2020

Lesson: Emerson and Freedom

Music: Dennis Cain

July 12, 2020

Lesson: Universal Beauty

Music: Diana Blais

July 19, 2020

Lesson: The Overpowering Reality

Music: Jon Dufour

July 26, 2020

Lesson: Authenticity and Character

Music: Diana Blais

*We shall never know all the good that a simple smile can do ...*

*Mother Theresa*



Unity of Auburn  
**1212 High Street  
Thrift & Gift Shop**

Hours Open:  
Monday-Thursday 10:00am-4:00pm  
Open Friday 10:00 am-2:00 pm  
No Longer Open on Saturday  
Sometimes Open Sunday  
(if we have volunteers)

*We are in need of volunteers and donations!*

***Donations: The Thrift Store is currently not accepting any donations.***

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift