



A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.



Revs. Mark & Karen Schindler

Ministers' Message

Phone: 530-888-6489
Website: www.unityofauburn.com

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Back in July of 2004 Karen and I were honored to be selected as candidates for the senior minister position at Unity of Auburn after Revs. Wayne and Janet Manning retired. Instead of having us do an afternoon workshop, we had a town hall style question and answer session with the entire congregation in the sanctuary.

One question we can clearly recall was whether we regarded this as a stepping stone to a larger church and we answered by saying that it would be great with us if Unity of Auburn was our first, last and only church. Of course, such things are not often within our control, but we are pleased to be able to look back at 17 years of ministry here and say that we kept our promise and intention.

We announced our retirement in March of this year and August 29, 2021, will be our last Sunday at Unity of Auburn. We are not moving on to another center or any other form of ministry. The plan is to retire; head out to pasture before we're over the hill.

Our retirement has been in the works for over a year, but the COVID shutdown required us to put things on hold. With everything re-opening again, it's time for us to finish the process. We are confident that under the leadership of your Board of Trustees, the time spent between Ministers will be minimal and we see the members of this congregation taking ownership and co-creating a smooth transition.

Rev. Mark

It has been an honor to walk with each of you in your journey of life and exploration of the spiritual side of reality and I have gained so much from being your minister. I've laughed, cried and screamed at times *with* you! Being on the various teams has been fun and empowering and occasionally challenging. I've experienced you to be committed, creative, fun and wise. This ministry is full of good-hearted people, people who want to learn, grow and be the best they can be. I know you have all wanted to live our mission and vision and thrive in a changing world. You have been the most welcoming congregation I've ever been in, and I know you will continue to welcome folks in and love them when they keep coming back. I hope you will remember to appreciate what has proven to work and build on that; feel your feelings rather than stuff them and affirm the good over and over again. You have done some amazing work over the past 17 years and will continue to do so. Thank you all for loving and supporting me. You will always be in my heart.

Rev. Karen

Special points of interest:

- 12 Steps Meetings
- Revs. Mark & Karen Retirement Party
- Board Members Wanted
- Thrift Store Hours & Donations

Chaplain's Corner*Becky Morgan***Catching a New Train of Thought**

If you are like me, you may find that when one thought leads to another, you can sometimes find yourself following a train of thought that is leading you someplace you don't want to go. Theoretically, when we find ourselves going down a mental path we don't want to take, we should be able to think our way out of it, the same way we thought our way into it. The challenge sometimes is that once the train of thought leaves the station, it isn't always easy to turn it around. At those times, it might be necessary instead to take a mental detour – or to derail your train of thought entirely, get off it, and get on a different one!

As Joel Goldsmith explains: “We build our life in consciousness by the nature of that which occupies our thoughts. As we live this minute, this minute extends itself forward into time and space, carrying with it the quality with which we have imbued this minute.” I realize this as truth – and yet, how often do I fill my precious minutes with thoughts of mundane things, or even negative things – thinking about reports of bad news, or recalling sad memories that no longer serve a useful purpose? I forget that my thoughts in these misspent minutes will carry forward into future minutes, using up precious time and energy and influencing my future frame of mind.

Charles Fillmore advises us: “Never make an assertion ... no matter how true it may look on the surface, that you would not want to see persist.” Now that's a dramatic warning, when applied to all of our “little” everyday thoughts! Even little thoughts can have power, though, when they start adding up, through habits of repetitive thinking. At a basic level, our thoughts are assertions we make to ourselves, declaring the conditions we accept as truth.

It seems I need to pay closer attention to what I am thinking! And if I catch myself thinking about something that I don't want to persist, I need to change my train of thought – and think instead about what I *do* want to show up in my experience. That can take some practice! Personally, if I'm having trouble changing my thoughts, it sometimes helps to listen to a favorite song (especially, one that repeats the kinds of things I want to be saying to myself) ... or to throw myself into some kind of physical work, especially something that helps others – which can take me out of my own mind for a while, enabling me to shift my perspective – changing the direction of my thoughts.

As St. Paul says, “Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.” And don't stop thinking of those good things. Think of them over and over again.

As Henry David Thoreau points out: “To make a deep physical path, we walk again and again. To make a deep mental path, we must think over and over the kind of thoughts we wish to dominate our lives.” Indeed, our persistent thoughts – the statements we make to our inner selves on a regular basis – influence the courses of action we will take, and thus the direction of our lives. Each thought, each word – spoken or unspoken – serves as a stepping stone, with which we pave the path to our future: whatever future we believe in.

As Ralph Waldo Emerson says, “Life consists in what a man is thinking of all day.” Eric Butterworth reminds us: “You live in a world of your consciousness, which is the sum total of thoughts of your mind. And you can control what goes on in your mind.” Our thoughts are powerful beyond imagining – and we have the power to create and direct those thoughts. We need only to remain aware of what we are thinking – and keep thinking of where we want to go, and how we want to be.

As Oprah Winfrey says, “What we focus on expands, and when you focus on the goodness in your life, you create more of it.” Focus on what you are grateful for, what you value, and what you love – and those good thoughts will expand to fill your life experience. As one of our favorite Unity songs reminds us: “Our thoughts are prayers, and we are always praying.” Our thoughts are prayers ... take care with what you're saying.

What are you going to use your Power of Thought to pray for in this moment? Think on these things: You are blessed. You are powerful. You are loved. And repeat. For we know these things to be the truth – which, if we keep repeating it, will set us free ... free to travel where we wish to go, on a train of thought worth taking.

Sunday Service, Classes, Events

Sunday Service

Sunday Service In Person and Via Facebook Live Stream

Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. If you have not been vaccinated, we strongly recommend wearing a mask for your own health and safety.

Live stream link on our Facebook page <https://www.facebook.com/Unity-of-Auburn-114140051995464/>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account:

<https://www.facebook.com/help/188157731232424?helpref=topq>

Sisters of the Good

We are now meeting in person at Unity on Wednesdays from 4:00pm to 6:00pm. Everyone is welcome. We are celebrating August Birthdays with cards and a potluck on August the 11th.

Frontiers of Consciousness

This class is being offered in person and on Zoom August 23, 2021. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.



Revs. Mark & Karen Schindler's Retirement Party

Saturday, August 28, 2021
1pm-3pm
Unity of Auburn

Reservations Required: Deadline August 14, 2021, or until seating limit is met
No reservation fee

LUNCH WILL BE SERVED

To make reservations call:
The office, (530) 888-6489, and speak with Carrie or Sharon Hardie at (530) 888-7928

12 Step Meetings at

Unity of Auburn

Auburn Gold Rush Al-Anon

Mondays, 7:00 p.m.

Location: Manning Hall

Contact: Cindy Battles-Davis
408-607-3190

Alateen

Mondays, 7:00 p.m.

Location: Teen Room

Contact: Patty Haskell 916-792-8766

Women's Courage to Change

Al-Anon (Women only)

Tuesdays, 7:00 p.m.

Location: Manning Hall

Contact: Tina Bailey, 530-401-6102

Narcotics Anonymous

Wednesday, 7:00 p.m.

Location: Manning Hall

Contact: Erik Olesen 530-320-9640 or
David Ferreira 530-845-0303

Some meetings are still being held over Zoom, contact each group to confirm.

Board Members Wanted

Board Members Wanted



Things sure have been different in 2020 and into 2021! However, in the midst of the pandemic, your board of trustees has remained dedicated to serving you and have learned how to have board meetings via zoom. There are two openings for new board members. The board is a healthy group of people who care deeply for Unity of Auburn. They meet every month and at other times to ensure the building is taken care of and the finances remain solvent.

If you've been wondering how you could donate your time for the good of our spiritual community, we ask that you contact Revs. Mark (mark@unityofauburn.com) or Karen (iwishupeas@aol.com). They can provide you with more information on the exact duties of the board.

Board of Directors



Board of Trustees

- Patty Davis.....President
- Dave Langley.....Vice President
- Sharon Hardie.....Treasurer
- Natalie Kimball.....Secretary
- Kathleen Demontigny.....Member

Staff

Unity of Auburn Staff

- Karen and Mark Schindler.....Co-Ministers
- Carrie Deterding.....Administrative Assistant
- Mary Lou Banahan.....Youth and Family Leader

Our Financial Picture

UNITY OF AUBURN FINANCES		
JANUARY-JUNE 2021		
INCOME AND EXPENSES	JAN-JUNE 2021	JUNE 2021
Love Offerings	31,131.63	5,755.00
Rent	7,812.40	1,407.90
Adult Ed./Fundraising	874.04	198.00
Youth Education	0	0
Miscellaneous (Includes \$9,000 SBA Grants)	9,121.12	45.38
Thrift Store Net Income	6,068.84	1,052.68
TOTAL INCOME	\$55,008.03	\$8,458.96
Building	6,512.08	1,356.96
Adult Ed./Fundraising	(Netted in Income)	
Ministry/Mission	32,745.03	3,296.71
Mortgage	14,289.84	2,381.64
Office Administration	6,587.25	1,383.70
Sunday Music	2,600.00	500.00
Tax/Insurance	4,995.85	496.44
Unity Organization Offering	0	0
Youth Education	0	0
TOTAL EXPENSES	\$67,730.05	\$ 9,415.45
NET ADJUSTED INCOME	<\$12,722.02>	<\$ 956.49>

SBA Loan balances 2020 income deficit....Funds portion of 2021 budget...Funds Roof/HVAC contingency set-aside

We are especially grateful to everyone who responded to our request to make offerings via Paypal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

Board of Directors



Natalie Kimball

Our search for a minister is entering a new phase. While we hoped to have a new minister before Mark and Karen retire, it does not appear that that is going to be the case. The Board wants to reassure you that during this time of transition we are working diligently to keep Unity of Auburn on mission to help people thrive in a changing world. This means continuing to offer compelling Sunday speakers, good music and provide a safe space for people to explore their spirituality and beliefs. We need all of you to help us accomplish this. And one of the most important ways you can help is through prayer. I constantly need reminding that ours is first and foremost a prayer ministry – the foundation of the Unity movement is built on affirmative prayer and meditation. So, we ask that each of you spend some time each day praying for the success of our search and the continuing success of our ministry. To that end, I have borrowed (and massaged) some prayer suggestions from Justin Hutts.

Justin's suggestions include:

1. Pray for your search committee.

Pray for patience. Pray that the committee will rely on spirit's time and not rush this important process. Affirm that your search committee expresses divine mind and reaches peace filled conclusions. Much of the process is subjective. Personal opinions and preferences are involved. Differences can divide. Affirm that the unity principal of oneness is at work and ever-present in the process

Pray for wisdom to choose the right person. Affirm that the powers of wisdom and discernment are active in all that we do.

Pray for discipline for your search committee and all church members. The search process will require a great deal of follow-through on the parts of us all.

2. Pray for your next minister.

Affirm that the right and perfect replacement is on its way.

Pray that the next minister will have a love for our church and the strength to leave his or her current position/home.

Affirm that accepting a position with Unity of Auburn expresses the highest and best for the new minister and his/her family.

3. Pray for our church.

Pray for patience. The search process can go longer than expected. It is hard work for those doing the search process. Pray for trust in the leadership.

Affirm that Unity of Auburn will continue to place a high priority on finding the right person and not just "a" person. It is easy to gravitate towards personality, programs, or an ideal when calling a new minister. Pray for focus on what matters: a minister who is open hearted and loving and possesses the administrative skills to run a church business.

Affirm our commitment to finding one who is amenable to many paths, while being rooted in Unity principles.

Pray we stay focused on the future and not try to duplicate the present. We will not get ministers like Mark and Karen, nor should we expect to. Affirm the new minister will be loved and welcomed by all of us.

The Board is so grateful to each of you for all you have done to support the process thus far. We know we can continue to rely on you for both the human and spiritual support that is needed to see this search through to fruition. With continuous blessings, Natalie

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

August 2021 Talk Titles

August 1, 2021

Talk: The Essence of Unity
Soloist: Dennis Cain

August 8, 2021

Talk: Health and Healing
Soloist: Kellie Garmire

August 15, 2021

Talk: Truth, Goodness and Beauty
Soloist: Bernie Rivera

August 22, 2021

Talk: Live Long and Prosper
Soloist: Kellie Garmire

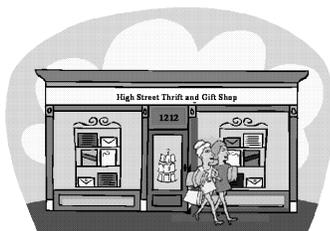
August 29, 2021

Talk: One Last Thing...
Soloist: TBA



*Let us dance in the sun,
wearing wildflowers in our
hair....*

-Susan Polis Schutz



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: *Now* taking donations.

*Tuesday, Wednesday, Thursday & Friday
from 10:00a.m.-2:00p.m.*

Check us out on Facebook : Unity of Auburn -
High Street Thrift and Gift