

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.



Monthly Message

Be An “Intreprenuer”

I have a friend who was once asked how he felt about change. He said, “well the best way I can describe it is to say I don’t just get into a rut, I furnish it!”. Most of us have problems with change – even little changes can be upsetting. Especially when it feels like there’s too much coming at us all at once.

Certainly, we are in a period of dramatic change here at Unity of Auburn. Saying “goodbye” to Mark and Karen after 17 years is just the tip of the iceberg. We are now going to have to adjust – at least temporarily – to life without any minister. Some of our beloved traditions will naturally change and evolve. So, what Unity principles can help us cope in this environment? Eric Butterworth, a Unity Minister in New York, author, lecturer and stalwart of the Unity Movement said the best way to cope with change is to change your mind.

You may think there’s a typo in the title of this article, but there isn’t. We’ve all heard the term “entrepreneur” to denote someone who takes a good idea and through hard work and perseverance builds a successful and profitable business. Eric suggests that these same skills can be used to find the best way to cope with an uncertain future. He calls this the art of “intreprenuership”. He reasons that by changing from an outer-directed to an inner-directed focus and by making the decision to control your own life you can pilot a much smoother course over seemingly troubled water.

Recent weather reports have reminded us of the mighty palm tree and how it bends and stretches in high wind but does not break. This is because the tree is deeply rooted and staunchly certain of itself. While you can’t control what happens nor can you control the attitudes of others, you can control what goes on within. This is true because life is consciousness. By changing our focus to the inner, we tap into the limitless creative flow within.

The life of an intreprenuer draws on faith and courage. Faith to know that outer circumstances can’t control our happiness and courage to open our minds to the flow of wisdom, love and good judgment.

Butterworth suggests that we “flex” our change muscles in little ways first – like walking on a different side of the street or driving to church next Sunday using a different route. Don’t defend things just because they’ve always been that way. Use your power of release to eliminate thoughts that keep you stuck in the past – things like “it’s just the way I am” or “you can’t teach an old dog new tricks”. Because unless you are seeing yourself in a field of infinite possibilities with limitless opportunity it is NOT just the way you are. There is always something more in you – deeper, richer, finer.

Security is not in sameness; it is in knowing who you are. As Paul says in Romans, Chapter 12: “Be confirmed by the renewing of your mind”, which simply means be established in the consciousness of the divine flow. If you do this, nothing can disturb the foundation of your soul.

Set the intention to grow through rather than go through the exigencies of life. Affirm “I do not resist change. I adapt myself to the law that all things work together for good”. We only grow when we become comfortable with the idea of change and the willingness to go through it. When you find yourself in the midst of change ask: “how can I grow through this? What new horizons will find me as the result of this change?” That’s the life of the intreprenuer.

Intreprenuers are the heart and soul of Unity of Auburn. It is this intreprenuerial spirit that will provide us with all the adaptive skills to navigate our future with grace and emerge stronger and more resilient than ever.

Blessings and love, Natalie Kimball

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Inside this issue:

Monthly Message	1
Chaplain’s Corner	2
Sunday Service, Classes, Counseling	3
Upcoming Events	4
Upcoming Events Cont.	5
Board Members Wanted Board of Directors & Staff	6
Our Financial Picture	7
Board Message	8
Lessons and Soloists	9
1212 High Street Thrift & Gift Shop	9

Special points of interest:

- Spiritual Counseling
- Ministerial Candidate
- AV Campaign
- Bingo
- Live Stream Volunteer

Chaplain's Corner*Patty Davis*

The Gift of “Plan B”

One of my favorite quotes from John Lennon is, “Life is what happens while you are busy making other plans.” Lennon was referring to “Plan B”, an outcome or circumstance we had not anticipated and often one we do not welcome or see the potential of. In my experience, the more I cling to a particular result, the more I push away the possibility of an alternative and better outcome or worse, not even recognize when life is offering me a gift. I have learned that when I let go of my Plan A and trust life, I make room for a wilder, more amazing result than I could ever have imagined.

I’ll give you an example. In 2019, I set an intention during our Thanksgiving service at Unity of Auburn to take an art class at my local senior center in Folsom sometime during 2020. I had not anticipated that we would all be physical distancing and essentially shut down as of March 2020 due to COVID-19 restrictions. I did not welcome this change in my life at first or see the potential in having to spend long periods of time at home away from others with my sole means of connection being my computer and cell phone. Around that same time, my friend, Teri Buthman Mahl, told me about one of her art teachers, who was offering free classes in collage on the internet – three weeks-worth, in fact. I decided to take the class and join the teacher’s on-line art group, “Canary Rising”. I had no way of knowing that taking my first class from Crystal Marie Neubauer and joining Canary Rising would lead to such dramatic and delightful changes in my life! I have spent hours joyfully creating and living “in the flow”. I have also taken a number of other art classes on-line since that time and have no intention of stopping!

Now, whenever I make a plan or set an intention, I affirm that by my Divine Power of Release, I let go of the particular result that I want and any expectations that could hold me back. This enables me to stay in the flow of abundance and to trust the natural order of things (Divine Order). I joyfully and gratefully leave room for Plan B.

Sunday Service, Classes, Counseling

Sunday Service

Sunday Service In Person and Via Facebook Live Stream

Every Sunday we will be meeting in person and via Facebook Live for our 10 AM service. If you have not been vaccinated, we strongly recommend wearing a mask for your own health and safety.

Live stream link on our Facebook page <https://www.facebook.com/Unity-of-Auburn-114140051995464/>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account:

<https://www.facebook.com/help/188157731232424?helpref=topq>

COME JOIN SISTERS OF GOOD!

Sisters of the Good meets at Unity on Wednesdays from 4:00pm to 6:00pm. Our next meeting will be Wednesday, September 8th.

We are beginning a new book. The book we are going to read is "*What Happened to You?: Conversations on Trauma, Resilience, and Healing*," by Oprah Winfrey.

Our earliest experiences shape our lives far down the road, and *What Happened to You?* provides powerful scientific and emotional insights into the behavioral patterns so many of us struggle to understand.

If you need a book, contact Carrie (530) 888-6489. The hardback book is available on Amazon for \$18.64 (including tax).

Frontiers of Consciousness

This class is being offered in person and on Zoom *September 27, 2021*. If you would like to attend, please send an email to Jacob Walker at Jacob.walker@gmail.com.

Rev. Joe Sloan Available for Spiritual Counseling

During our transition process, the Board has hired Joe Sloan to be the Church's Spiritual Advisor. In this role, Joe will hold the spiritual space for the ongoing success of the ministry, will support the prayer chaplain team, will support the Board and Leadership Team by holding the high watch and will be available for spiritual counseling for all members and congregants. Spiritual counseling is available from Joe on a love offering basis and can be scheduled through Carrie Deterding during regular office hours and by contacting Joe directly at (530) 575-2262.

Upcoming Events



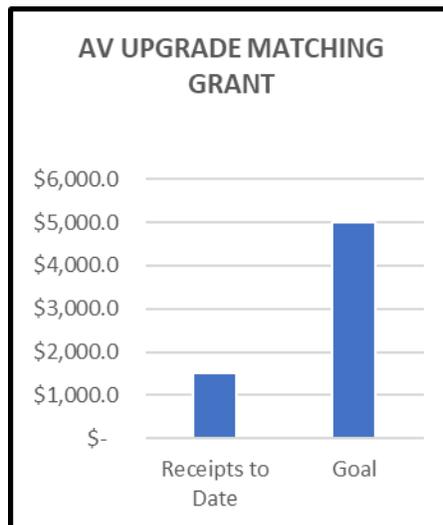
SAVE THE DATE!

Ministerial Candidate, Cherie Larkin will be joining us the weekend of September 17-18. She will be offering a workshop on Saturday, September 17th and will give the Sunday talk and hold a Q&A session on Sunday, September 18. Cherie served as the Senior Minister at Unity of Nashville (TN) for fourteen years. Currently, she runs an on-line ministry offering classes, workshops and networking. Visit her website for more information <https://www.cherielarkin.com/>

Status of the Matching Grant to Upgrade our AV Equipment!

A generous donor has agreed to provide a matching grant on a dollar-for-dollar basis of up to \$5,000 for the purpose of upgrading our audio-visual equipment. In August, we collected **\$1,526** towards this effort. As we move into the new reality of streaming services, Zoom and improving our on-line presence it has become critical for us to upgrade our cameras, computer and sound system and to hire someone who knows how the run them. The donor requests that you only put "new" dollars toward the match and continue your normal contributions to our general fund. To distinguish the donations eligible for the match, we ask that you use the envelopes in the sanctuary for cash donations and mark them for the matching grant. If you choose to donate by check, PayPal or via on-line banking, we ask that you add a memo stating that the donation is toward the match. Donations as small as \$1 are welcome. Please help us qualify for the entire match - and please stay on your honor to donate only new money to the cause.

Thank you for your donations!



Upcoming Events Cont.

SAVE THE DATE



Bats & Cats Bingo

A Fun Fundraiser

Friday, October 29, 2021

Doors open at 5PM * Games start at 6pm

1212 High Street, Auburn CA

Tickets \$25 A Piece

Includes 10 Bingo Game Cards

One Free Door Prize Ticket! Raffle & Costume Prizes!

Costumes Encouraged

Tea and Coffee

Witches Stew Dinner Tickets \$5.00

Beer, Wine, Water (Sold Separately)

Tickets Will Be Available Soon!

20% Of The Proceeds Will Go To a Local Charity

Unity of Auburn needs a volunteer to administer our Facebook Live Stream and run the audio-video equipment on Sundays. If you have been looking for a new way to support your ministry, this could be just for you! It is a great job for co-coordinators, so if you and a friend, or friends, would like to split the duties that's also a good option. Please talk to Dave Langley if you are interested. This is one of our most important volunteer positions, so please give it some strong consideration. No prior knowledge of training is necessary.



Auburn Interfaith Food Closet Extravaganza



We're collecting peanut butter, please put your donations in the blue bin in Manning Hall.

Board Members Wanted



Things sure have been different in 2020 and into 2021! However, in the midst of the pandemic, your board of trustees has remained dedicated to serving you and have learned how to have board meetings via zoom. There are two openings for new board members. The board is a healthy group of people who care deeply for Unity of Auburn. They meet every month and at other times to ensure the building is taken care of and the finances remain solvent.

If you've been wondering how you could donate your time for the good of our spiritual community, we ask that you contact Sharon Hardie (530.222.7928). She can provide you with more information on the exact duties of the board.

Board of Directors



Board of Trustees

- Patty Davis.....President
- Dave Langley.....Vice President
- Sharon Hardie.....Treasurer
- Natalie Kimball.....Secretary
- Kathleen Demontigny.....Member
- Bill Hamre.....Member

Staff

Unity of Auburn Staff

- Vacant.....Ministers
- Carrie Deterding.....Office Manager
- Mary Lou Banahan.....Youth and Family Leader

Our Financial Picture

UNITY OF AUBURN FINANCES		
JANUARY-JULY 2021		
INCOME AND EXPENSES	JAN-JULY 2021	JULY 2021
Love Offerings	36,783.63	5,652.00
Rent	9,442.30	1,629.90
Adult Ed./Fundraising	1,805.04	931.00
Youth Education	0	0
Miscellaneous (Includes \$9,000 SBA Grants)	9,145.97	24.85
Thrift Store Net Income	7,331.66	1,262.82
TOTAL INCOME	\$64,508.60	9,500.57
Building	7,796.96	1,284.88
Adult Ed./Fundraising	(Netted in Income)	
Ministry/Mission	38,315.62	5,570.59
Mortgage	16,671.48	2,381.64
Office Administration	8,899.67	2,312.42
Sunday Music	3,100.00	500.00
Tax/Insurance	5,539.74	543.89
Unity Organization Offering	0	0
Youth Education	0	0
TOTAL EXPENSES	\$80,323.47	\$12,593.42
NET ADJUSTED INCOME	<\$15,814.87>	<3,092.85>

SBA Loan balances 2020 income deficit....Funds portion of 2021 budget...Funds Roof/HVAC contingency set-aside

We are especially grateful to everyone who responded to our request to make offerings via Paypal, mail in, credit card and bank transfer.

Your generosity is inspiring!

And we again affirm that there are no obstacles, only opportunities as we continue to manifest the abundance that will allow us to continue our mission and make our vision a reality.

Board of Directors



Sharon Hardie

What a wonderful celebration to honor Mark and Karen's 17 years of dedicated and devoted service to Unity of Auburn. Now it's time to celebrate our new challenges.

Your Search Team is working diligently on your behalf to find the perfect minister to take us into our future. Cherie Larkin will be with us September 18th and 19th. Together, let's step up to represent our wonderful spiritual community and support Cherie's visit.

Your Leadership Team is busy putting together a very viable and functioning team to carry on the business of Unity of Auburn until a new minister is in place and ready to become our CEO and spiritual leader.

Your Board of Directors has stepped up its responsibilities and are working hard to ensure Unity of Auburn continues to be the healthy and thriving community we so proudly represent.

As a member of Unity of Auburn's congregation, you are the key to our success during the coming months. Let's come together to share our joy and support each other every Sunday and at the special events being planned. Stay informed. Besides our regular announcements every Sunday, your Leadership Team will also provide an update weekly. Our monthly newsletter and special E-Blasts will be vital in your staying informed. If you are not receiving the newsletter and E-Blasts, please contact the office and our Office Manager, Carrie, will see that you are on that list. Volunteer when requests for help go out. Remember, you are the key to our success.

"Thriving In a Changing World" is our mission. Now is the time to step up to the challenge before us.

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

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Email: admin@unityofauburn.com

Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

- Unity of Auburn
- Unity of Auburn Events
- Unity of Auburn-High Street Thrift and Gift

Lessons and Soloists

September 2021 Talk Titles

September 5, 2021 — Rev. Joe Sloan
Talk: The Gift of Confidence
Soloist: Dennis Cain

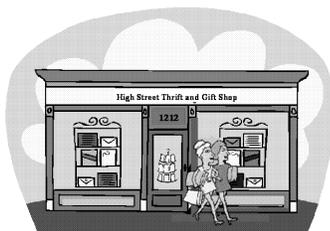
September 12, 2021 — Unity of Auburn Chaplain Team
Talk: All is Well With My Soul
Soloist: Kellie Garmire

September 19, 2021 — Rev. Cherie Larkin
Talk: TBD
Soloist: Bernie Rivera

September 26, 2021 — Rev. Margie Brach
Talk: TBD
Soloist: Kellie Garmire



***Be the change that you wish
to see in the world.”
– Mahatma Gandhi***



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: *Now* taking donations.

*Tuesday, Wednesday, Thursday & Friday
from 10:00a.m.-2:00p.m.*

Check us out on Facebook : Unity of Auburn -
High Street Thrift and Gift