

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.



Rev. Cherie Larkin

Monthly Message

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Don't Let Your Heart Be Troubled

Rev. Cherie Larkin

Adapted from Halfway up the Mountain

By Rev. Martha Smock

Let not your heart be troubled, neither let it be afraid.” John 14:27 “Peace I leave with you; my peace I give to you; not as the world gives, give I unto you.

These days it can be easy to feel afraid and even feel overwhelmed about things like inflation, high gas prices, the stock market, news reports of war and rumors of war.

If you are concerned or disturbed about something, say these words over and over to yourself. Say them and really listen to them. Think of the living Christ Spirit within you speaking them to you and through you.

Let not your heart be troubled by injustice or unfair treatment. Give everything over to the Universal Christ Consciousness. You cannot judge by outer appearances. This is the time when you must contribute to the establishment of peace by activating your own vision and your faith in God and holding fast to it, holding to your faith in the good, and keeping your heart and mind open to the forgiving, loving, all-powerful blessings of the Christ Spirit.

Let not your heart be troubled. If news reports come to you that are cruel and upsetting; when you hear or read disquieting, fearful things about situations in the world, let these words take away your fear. Make these reports an opportunity to bless everyone concerned – to pray for light to be shed into every mind, for love and forgiveness to rule in every heart, for understanding, tolerance, and loving acceptance to replace suspicion and condemnation.

“Peace I leave with you; my peace I give to you; not as the world gives, give I unto you. Let not your heart be troubled, neither let it be afraid.” Let these words take away your fear and upset. The peace of Jesus Christ is here right now, in our midst, in our minds and hearts, and this same Spirit is in the minds and hearts of people all over the world. The Spirit of justice, the Spirit of truth, the Spirit of freedom, the Spirit of unity is awake and active, joining us in our common bonds of love for each other and for our world. The peace of Christ is present with us right now. Its power is working in and through each of us to remake our world. “Let not your heart be troubled.”

Sunday Service, Classes & Misc.

Sunday Service In Person is at 10:00 AM

Sisters

**Sisters is meeting every Wednesday from 3-5 pm
in Manning Hall.**

Current Book: FROZEN RIVER by Ariel Lawhon

All are welcome!



With Rev. Rick Reich

Wednesdays 5:30-6:30 pm at Unity

March~ On Certainty

April - The Story of Abelard and Heloise

We're Moving!

First Sunday at

**Pioneer Methodist
Church May 31st.**

Hospitality 11-11:30

**Worship Service 11:45-
12:45**

1338 Lincoln Way,

Auburn CA

SAVE THE DATES

May 31st

First Service at Pioneer Methodist Church

Misc.

thank you

I want to express my deepest gratitude for our incredible volunteer prayer team. Each month we meet to pray for all who have asked for prayer from our ministry. Your willingness to offer spiritual support is a blessing to our congregation. Thank you for showing up with a heart ready to serve and for your steadfast faithfulness. Please know that each of you is truly making a difference in the lives of all who have asked for prayer as well as making an invaluable contribution to the on-going success of our ministry.

You are welcome to join us for prayer on last Wednesday of every month at 1:30 in Rev. Cherie's office.

Board of Directors



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Board of Directors



Denise Anya

"THE THINGS THAT UNIFY US!"

by Denise Anya, Unity of Auburn Board of Trustees Member, APRIL 2026

Today I celebrate the things that UNIFY all of us... One People! As I thought about what I would write, I wondered how many of us at Unity of Auburn...at other worship houses...at home...in the various neighborhoods...in our nation's capital...at work...in our learning facilities...at our hospitals...at our airlines and other public transportation facilities...in our states, countries and continents... have experienced the LOVE OF GOD in our lives?

WE LIVE on this beautiful planet - PLANET EARTH. This is our HOME. WE breathe the same AIR. WE walk on the same GROUND beneath our feet. WE share the same SUN and WE share the same RAIN. Hallelujah! From the CLAY of this earth our bodies were formed; bodies of flesh, bone, and blood. But inside every one of these bodies... lives something SACRED. Inside each of us is SPIRIT. And that Spirit.. is the SPIRIT OF GOD. The SPIRIT OF LOVE... that unifies us!

There was a time in my life when I experienced that love in a very real way. I was in a moment when I truly required help. I didn't ask anyone for money or tell them my particular situation and yet...people began giving to me. One person helped. Then another. Then another. Not because I asked... but because they felt moved to give. They felt unified with me! In those moments I felt tremendously BLESSED and I realized something powerful - GOD'S LOVE unifies us and often moves through HUMAN HANDS. That Spirit of Love lives in You in me and in every person we meet. And that is our CONNECTION; Not appearance... not background... not difference; but LOVE!

So today.. I celebrate these things that unify us. And most of all... I celebrate the love of God that lives within us all. May we continue to see that kind of love in one another and share it wherever we go! And so it is! Amen!

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

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Pray with Silent Unity: 816-969-2000

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Lessons and Soloists

April 2026 Talk Titles

April 5, 2026

Talk: Resurrection Consciousness: Rising into the I AM

Music: Worship Team Singers

April 12, 2026

Talk: The Influencer

Music: Worship Team Singers

April 19, 2026

Talk: Neither Do I Condemn Thee

Music: Worship Team Singers

April 26, 2026

Talk: Don't Criticize

Music: Worship Team Singers



"The journey of a thousand miles begins with one step".



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: Now taking donations.

Monday, Tuesday, Wednesday, Friday & Saturday from 10:00 a.m.-3:00 p.m.

Thursday from 10:00 a.m. -5:00 p.m.,

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift