June 2020



A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Ministers' Message

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Inside this issue:	
Ministers' Message	1
Chaplain's Corner	2
Ongoing Classes, Study Groups and Adult Education	4
Reopening Guidelines	5
Message from the Board	6
Directory Board of Trustees Staff	6
Lessons and Soloists	7
1212 High Street Thrift & Gift	7

Special point of interest:

• Guidelines for Our Reopening on June 21st. Ralph Waldo Emerson was born on May 25, 1803. In honor of his recent birth date, I would like to share something he wrote in 1841, an excerpt from an essay called The Over-Soul. First a word of caution; the writing style may seem foreign to us today. It is from another time when the written word and live oratory were the only forms of communication. Both writing and speaking were more ornate and a bit more intricate than we are accustomed to.

Therefore, to read an essay from the era of Emerson requires one to slow down and strive to appreciate not only the message or information being conveyed but also the considerable effort made by the author to package it in an aesthetically pleasing manner. The essay would have been considered prose when it was written but today it sounds almost poetic:

"The Supreme Critic on the errors of the past and the present, and the only prophet of that which must be, is that great nature in which we rest, as the earth lies in the soft arms of the atmosphere; that Unity, that Over-Soul, within which every man's particular being is contained and made one with all other; that common heart, of which all sincere conversation is the worship, to which all right action is submission; that overpowering reality which confutes our tricks and talents, and constrains every one to pass for what he is, and to speak from his character, and not from his tongue, and which evermore tends to pass into our thought and hand, and become wisdom, and virtue, and power, and beauty. We live in succession, in division, in parts, in particles. Meantime within man is the soul of the whole; the wise silence; the universal beauty, to which every part and particle is equally related; the eternal ONE."



Revs. Mark & Karen

Like Unity co-founders Charles and Myrtle Fillmore, Emerson was leading a rebellion against traditional religion which insisted that spiritual and philosophical truth was best discerned by reference to tradition, ancient authority, revelation and scripture.

Instead, Emerson argued that each individual had the right and freedom to discern the meaning of life for themselves based on the idea that everyone shared the same essential nature, that "great nature in which we rest" that would lead to a shared experience of the true, the good and the beautiful. For that, he was accused of being an atheist and of poisoning young men's minds.

The philosophy of life developed by Emerson can best be described by three practices. First, he believed in the power of human imagination and creativity as a way to counterbalance the view that we are mere pawns in a hostile, cold, mechanistic universe. Second, by right of consciousness, we can choose to think about the things that contribute to human flourishing and what actions might be considered good and ethical. Third, he encouraged the contemplation of beauty as an end in itself.

Emerson was a major influence on the works of Charles Fillmore and Emilie Cady. If you want to understand the foundations of Unity, read Emerson. Indeed, the very word "Unity" appears in the above quote from "The Over-Soul" along with the concept of "the silence."

Beginning in June, we are going to take a deep look at how the practical philosophy of Emerson shows up in our Unity teachings in ways that are concrete and accessible to all.

Chaplain's Corner

Greetings to you this glorious June day!

We are all so fortunate to have enjoyed a cool, mild spring.

We do face plenty of challenges with our current shelter in place, but we also have some opportunities...

Some of us are enjoying the extra time to read, to ponder, to walk the dog those extra areas by the blackberries, or whatever seems intriguing.

What we are noticing gives a chance for reflection. We can pull our favorite bits of the afternoon, or the day, and turn them into a prayer of gratitude.

The wonders of so many flowers blossoming...the new seeds in the gardens we can see...the warm air and cool breezes, are gifts of spring. So are those pleasantly cool mornings and evenings...

Turning our focus to out blessings is a speedy passage to joy. And why not choose joy, and feel how showered with blessings we truly enjoy?

My calendar page reads, " I rejoice in new growth, and I leave all reservations and misgivings behind me."

Earlier in the week my calendar page said "I keep in mind that we are all doing the best we can with the understanding, knowledge, and awareness we have."

Having a calendar with daily affirmations really does help me live in gratitude. May you find many ways to feel grateful, and guide you lives to joy!

Sincerely,

Donna Vetromile

Ongoing Classes, Study Groups and Adult Education

Due to the Governor's recommendation that everyone remain at home except for essential activities, we are live streaming our 10 AM Sunday service on our Facebook Page <u>https://www.facebook.com/Unity-of-Auburn-114140051995464/</u>

If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account: https://www.facebook.com/help/188157731232424?helpref=topq

In addition, all Adult Education and Special Events are postponed until further notice. Please reference your Upcoming Events email for up to date information.

Take care.

Due to the Governor's Recommendations the Zephyr Point Retreat has been **CANCELLED**. Refunds will be processed and mailed.



Unity of Auburn 2020 Retreat ZEPHYR POINT, Lake Tahoe June 12-14, 2020 June 12th-14th, 2020

EMAIL PRAYERS FOR YOU ...

If you would like an email prayer from one of our Chaplains, please send your prayer request to: **auburnchaplains@gmail.com.**



Our Chaplains are available to join you in prayer if you are having a challenge or in gratitude and joy!

Unity of Auburn Re-Opening Guidelines - June 21st, 2020

Dear Member,

We will be opening our center on **June 21st** with the following guidelines in place and in conjunction with the guidelines required by our government agencies. We ask that you review these recommended guidelines to keep yourself and others safe.

Temporary Guidelines for Opening:

- The center has been cleaned and sanitized during your absence, and we will continue to do so on a more frequent basis. Please follow all CDC guidelines for public safety and social distancing, including the use of hand sanitizer we will have available.
- If you are sneezing, coughing, not feeling well, or have been exposed to anyone who has been sick, or if you have a compromised immune system and are considered "at risk," please stay home and attend our online service opportunities. (If you do not have a Facebook account, you will need one to watch the service. This link will tell you how to create a Facebook account: <u>https://www.facebook.com/help/188157731232424?helpref=topq</u>)
- When you arrive at Unity of Auburn, you are asked to maintain a six-foot distance from anyone who is not from your household. We ask that you refrain from hugs, handshakes, and holding hands.
- Hospitality (food, snacks, coffee, tea, potlucks) will be suspended until further notice and will resume when it is considered in the best interest of the well-being of all.
- Online giving is now the preferred method for extending financial support. Offering baskets will be strategically placed for those who wish to give checks, credit card slips, or cash.
- The Prayer Box and prayer request forms will have hand sanitizer/wipes for your use before and after placing your request in the box.
- We will **not** hold hands during the Peace Song; rather, we will lift our hands in gratitude for all of planet Earth.
- Please allow and maintain a comfortable distance of six feet between yourself, staff, minister, and other congregants, as you exit the sanctuary.
- Fellowship and conversation may continue in the parking lot, no Sunday hospitality at this time.
- We will not be using any paper during the service: order of service, song sheets, etc.
- We will not be able to move chairs six feet apart and rely on each person to maintain the six-foot interval.
- We recommend that you wear face masks unless it inhibits your breathing.

Message from our Board of Directors



Natalie Kimball

Blessings to all from your Board. We affirm that this day finds you well and happy. The Board has been busy during this time apart, meeting regularly via Zoom to keep the "business" running smoothly. We want to express our gratitude for your continued financial support of the ministry. You may recall that we started the year with a sizeable gap in our donations compared to what we had budgeted. Thanks to each of you, in March and April our donations were up and much closer to budgeted levels. We are so grateful for this support of our ministry during these challenging times. The Board would also like to give a special shout out to Revs. Mark and Karen who have done a masterful job of keeping the mission and vision of this church moving forward. Thanks to their hard work and the work of many others, we have been able to stream our Sunday services and keep our Sisters of the Good book/discussion group meeting each week. As a reminder, Mark and Karen remain available for prayer and spiritual counseling and our Chaplain Team is also available for prayer either via the phone or e-mail.

While we don't know exactly what the future holds, we want to fill you in on how we think things will be progressing from here. As you are aware, the State and County are gradually lifting the "stay at home" orders. Unity of Auburn will follow all public health guidelines as we move to resume our daily activities. We anticipate having live Sunday services again possibly in mid June. We will be asking all those who attend in person to maintain social distancing guidelines and to wear masks to protect your fellow congregants. For those who are not quite ready to venture out, we will continue to stream our Sunday Services live on Facebook. Our Thrift Store reopening is on hold as we deal with some logistical issues. Our regular meetings and classes (Sisters of the Good, Frontiers of Consciousness and Spiritwind) will also resume in person with social distancing guidelines in effect. Look for correspondence from your ministry leaders regarding ushering, hospitality, Prosperity team, youth and family and other activities as we settle in to our "new" normal. Activities where it is more difficult to practice social distancing, such as BINGO night and the annual Tea will brought back when it is safe to do so. Whether in person, or via social media, we look forward to seeing all of you very soon!

Board of Directors



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Unity of Auburn Staff

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Mary Lou Banahan	Youth and Family Leader
Ken Kligerman, AFM	Keyboard/Piano

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

1212 High Street Auburn, CA 95603

Phone: 530-888-6489 Email: admin@unityofauburn.com Pray with Silent Unity: 800-669-7729

Join our Facebook pages:

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Lessons and Soloists

June 2020 Talk Titles

June 7, 2020 Talk: Learning, Forgetting and Learning Again Soloist: Dennis Cain

June 14, 2020 Talk: The Great Nature Soloist: Diana Blais

June 21, 2020 Talk: Family and Fatherhood in the Bible Soloist: Jon Dufour

June 28, 2020 Talk: The Wise Silence Soloist: Diana Blais

"Be the change that you wish to see in the world." — Mahatma Gandhi





Donations: The Thrift Store is **not** accepting donations at this time. Unity of Auburn 1212 High Street Thrift & Gift Shop Hours Open:

We are currently closed until further notice.

Check us out on Facebook : Unity of Auburn -High Street Thrift and Gift