

A welcoming spiritual community advancing a positive message that teaches people of all ages and faiths how to thrive in a changing world.

Monthly Message

How Old Are you?

Rev. Cherie



Rev Cherie Larkin

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Inside this issue:

Monthly Message	1
Sunday Service	2
Classes, Misc	2
Calendar	3
Misc & Board	4
Board of Directors Message	5
1212 High Street Thrift & Gift Shop	6

As a young child if someone asked your age, you may have happily blurted out your age often adding, with enthusiasm, that all-important half year saying, "I'm 6-and-a-half!"

Now if people ask: "How old are you?" you may answer with the number of birthdays you've celebrated unless you are like my very British sister-in-law, Jennifer, who has never revealed her age. Who, if asked, quotes Oliver Wendell Holmes who said, "If a woman will tell you her age, she will tell you anything!"

Unity invites us to ask a deeper question: Not, "*How old are you?*" but rather "*How available are you to life?*" The Universe is continually responding to the vibration of our consciousness. Romans 12:2 reminds us: "Be transformed by the renewing of your mind." Unity never teaches pretending. It teaches awakening. We don't ignore appearances. We simply refuse to let appearances become our identity. Our consciousness becomes the blueprint for our experience.

Several years ago, an elderly gentleman joined a community fitness class. He was 90 years old. On the first day someone asked him, "So how old are you really?" He smiled and answered, "I'm 90 years young—and still under construction." Everyone laughed. But then he added something unforgettable. He said, "Every morning I have two choices. I can tell myself I'm getting older, or I can tell myself I'm getting better at living."

What made him youthful wasn't simply genetics. It was consciousness. His life reflected what he believed. He expected life to keep expressing through him. And it did.

Charles Fillmore taught that consciousness is creative. He understood something that science is only beginning to appreciate: "Thoughts held in mind produce after their kind." This isn't positive thinking. It is spiritual law. Your consciousness is creative. Your dominant thoughts shape your destiny.

If you want to know what you've been planting in consciousness, simply look at what is growing in your life. Life is always revealing, "This is what you've been believing."

Our physical body changes. Seasons come and go. Hair turns gray. Faces wrinkle. Yet the life expressing through us has never aged. The Divine life within us is timeless.

The body measures years. The soul measures awakening. Divine Life is never exhausted. Spirit never retires. Love never wrinkles. Joy never reaches an expiration date. Our souls do not accumulate years. They accumulate wisdom. The Spirit expressing through us has never aged one single day. Divine life is forever fresh, forever creative, forever becoming.

"*How available are you to life?*" What if every morning before checking the news, before looking at your phone, you spend one minute remembering who you really are. Place your hand over your heart. Take in a slow breath. Affirm with conviction:

I am ever increasing health, youth, strength, and vitality.

Don't merely repeat the words. Feel them. Then walk into your day forever young, expecting life to meet you with goodness. Not because you are pretending. But because you are remembering to live from the magnificent being you are.

Sunday Service, Classes & Misc.

Sunday Service In Person is at 11:45 AM
Hospitality is at 11:00 AM

Sisters

**Sisters is meeting every Wednesday from 3-5 pm
in Manning Hall at 1212 High Street.**

**Current Book: The Awakened Brain
by Lisa Miller**



With Rev. Rick Reich

**Wednesdays 5:30-6:30 pm at Pioneer United Methodist Church
In the Sanctuary**

A Course in Miracles

**Sundays at 10:00am
In Pioneer Parlor**

Living the Unity Way of Life

A Study Circle

**Tuesdays 6:00-7:30pm
Through October 6th**

SAVE THE DATES

September 9th
Unity's World Day of Prayer

September 13th
Townhall Meeting

October 11th
Homecoming Celebration

Unity of Auburn

August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	1
2 11:45 am Celebration Service	3 Office Open	4 Office Open	5 Office Open 5:30 pm Spiritwind	6	7	8
9 11:45 am Celebration Service	10 Office Open	11 Office Open 6:00pm Living the Unity Way of Life	12 Office Open 5:30 pm Spiritwind	13	14	15
16 11:45 am Celebration Service	17 Office Open	18 Office Closed 6:00pm Living the Unity Way of Life	19 Office Open 5:30 pm Spiritwind	20	21	22
23 11:45 am Celebration Service	24 Office Open	25 Office Closed 6:00pm Living the Unity Way of Life	26 Office Open 5:30 pm Spiritwind	27	28	29
30 11:45 am Celebration Service	31 Office Open					

Misc.

thank you

A Special Thank You to Our Church Ushers
Our church family extends heartfelt thanks and appreciation to our dedicated ushers for their faithful service and unwavering commitment to our ministry. You have made our move to our new church home silky smooth!
Your welcoming smiles, helping hands, and servant hearts set the tone for every worship service. Whether greeting members and visitors, assisting those in need, or ensuring our services run smoothly, your ministry makes everyone feel valued and at home.
Thank you for serving with kindness, patience, and love. Your faithfulness and willingness to serve blesses all of us. With sincere gratitude, we thank each of you for all you do.
Rev. Cherie Larkin

Board of Directors



Board of Trustees	
Kathleen DeMontigny.....	President
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Dave Werkley.....	Secretary
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Denise Anya.....	Member
Delores Bothello.....	Member

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Unity of Auburn Staff	
Rev Cherie Larkin.....	Minister
Jesse Sanchez	Office Manager

Board of Directors



Kathleen DeMontigny

Letter from the Board of Trustees

By Kathleen DeMontigny

Dear Friends,

Thanks to all of you for supporting the church with your time, talents, and treasure through the major transition of selling our building and moving to Pioneer Methodist! We have entered a new era for Unity of Auburn.

Special thanks to:

Jerry Walker for moving stuff, trips to Goodwill, and sharing info about our building with our buyer - in addition to everything else he does.

Rev. Rick Reich for sorting and moving ALL THE STUFF in the Thrift Shop storage.

Dave Werkley, Dave Langley, and Jesse Sanchez for organizing the movement of AV to Pioneer Methodist.

Trish Wahlberg for packing up the kitchen.

Stephanie Langley and JC Hnidak for condensing and packing YED educational materials.

Chris Sparks, Lucas Pokrajac (and Kiwi), Lee Perrone and Bill Donat for moving heavy stuff.

Victoria Kile for sorting office supplies for storage.

Sharon Hardie for organizing a space for our Sisters Group.

There is a team of ladies preparing to launch a new era of meaningful participation for our beloved community.

Thanks to Daphne Pokrajac, Stephanie Langley, Deloras Bothello, Cynde Brooks, Ruby Evers, JC Hnidak,

Donna Ruth, Karen Hill and Donna Vetromile for making it happen.

Huge thanks to Rev. Cherie for countless hours of organization, work, inspiration, and PRAYER. Thanks to Jesse, our office manager, for keeping everything running.

There were many others – if I missed your name, just know how grateful your board is for all your work!

We are beginning to a new phase of worship, sharing, and community involvement for Unity of Auburn. I am excited by all the possibilities that lie ahead. I hope you have enjoyed our services in the beautiful sanctuary and the welcoming fellowship hall at Pioneer Methodist.

New friendships, new activities, new meaningful participation are opening for us. LET'S ROLL!

With blessings and gratitude,

Kathleen DeMontigny, Board President.

Unity of Auburn

Offering practical, spiritual teachings that empower abundant and meaningful living!

Sunday Celebration Services:

1883 Lincoln Way
Auburn, CA 95603

Admin Offices & Thrift Store:

1212 High Street
Auburn, CA 95603

Phone: 530-888-6489

Email: admin@unityofauburn.com

Pray with Silent Unity: 816-969-2000

Lessons and Soloists

August 2026 Talk Titles

August 2, 2026

Talk: Prosperity Begins in Consciousness

Music: Worship Team Singers

August 9, 2026

Talk: Creating a Better Life Begins Within

Music: Worship Team Singers

August 16, 2026

Talk: Unity is Practical Christianity

Music: Worship Team Singers

August 23, 2026

Talk: Look for the Best - Rev. Bob Brach

Music: Worship Team Singers

August 30, 2026

Talk: History of Prayer in Unity - Rev. Margie Brach

Music: Worship Team Singers



"The journey of a thousand miles begins with one step".



Unity of Auburn

**1212 High Street
Thrift & Gift Shop**

Donations: Now taking donations.

Monday, Tuesday, Wednesday, Friday & Saturday from 10:00 a.m.-3:00 p.m.

Thursday from 10:00 a.m. -5:00 p.m.,

Check us out on Facebook : Unity of Auburn - High Street Thrift and Gift